

Girl Scouts of Suffolk County Safety and Activity Guidelines

The following is a list of activities as outlined by GSUSA Safety Activity Checkpoints. Please see key below that will indicate approved activities and risk factors. Please note GSSC reserves the right to approve or not approve activities regardless of risk factor indicated in this form.

U= Unapproved Activity | L=Low Risk | M=Medium Risk | H=High Risk

Activity	Daisy	Brownie	Junior	Cadette	Senior	Ambassador	Additional Comments/Requirements
Aerial Fitness	U	U	U	M	M	M	
3-D Archery	U	U	U	H	H	H	
Amusement Parks	M	M	M	M	M	M	
Animal Interaction and Adventure	L	L	L	L	L	L	
Aquatic Bounces and Slides	U	M	M	M	M	M	
Aquatic Climbing Walls	U	U	M	M	M	M	
Archery	U	H	H	H	H	H	
Ax/Hatchet Throwing	U	U	U	H	H	H	
Backpacking	*H	*H	H	H	H	H	*Backpacking is not recommended for Daisies and Brownies due to weight restrictions on their small frames and the need, when backpacking, to be able to carry all their needed supplies. For Daisies and Brownies, refer to Hiking Activity Checkpoints.
Bicycling	M	M	M	M	M	M	
Bounce Houses	L*	L	L	L	L	L	*Daisies can only take part in bounce houses that are specific for their age, height, and weight.
Bowling	L	L	L	L	L	L	
Camping	M*	M*	M	M	M	M	*Refer to GSSC Trip policies for participation of Daisy and Brownie levels.
Canoeing	H*	H	H	H	H	H	*Not recommended for Daisies except with an experienced adult in each canoe on flat water.
Challenge Courses/Rock Climbing Walls	H*	H*	H	H	H	H	*Daisies and Brownies may participate only in activities that have been designed for their grade levels and that have equipment that suit the size and ability of each Girl Scout member. Outdoor high ropes and high elements are only permitted for Juniors and older.
Climbing and Rappelling	H*	H*	H	H	H	H	*Daisies and Brownies are permitted to boulder, slackline and do low challenge elements. Note that Daisies and Brownies may participate only in activities designed for their ages, with equipment suitable to the size and ability of each Girl Scout member. *Brownies can participate in most indoor climbing activities provided a minimum of one facilitator and an additional adult are present, and facilitators are skilled in selecting appropriate activities, teaching, and supervising spotting and lowering techniques, and modifying tasks to meet any specific needs.
Community Clean-Up	L	L	L	L	L	L	
Cookie and Product Sales	L	L	L	L	L	L	Adults must accompany Daisies, Brownies, and Juniors when they are selling, taking orders, and delivering.
Corel Boats	U	U	U	H	H	H	
Cross Country Skiing	U	U	M	M	M	M	
Dance/Cheer	M	M	L	L	L	L	

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Downhill Skiing and Snowboarding	U	U	H	H	H	H	
Fencing	U	U	H	H	H	H	
Fishing	M	M	M	M	M	M	
Geocaching	L*	L	L	L	L	L	*Daisies are permitted when working with older Girl Scout members and adults as part of another outdoor activity.
Go-Karting	U	U	M*	M	M	M	*Juniors cannot operate self-driving go-karts and must participate in activities on a rail system.
Gymnastics	M	M	L	L	L	L	
Hayrides	M	M	M	M	M	M	
Hiking	L	L	L	L	L	L	
Horseback Riding	M*	M	M	M	M	M	*Daisies are only allowed on pony rides and hand-led horseback walks.
Ice Skating and Roller Skating	M	M	M	M	M	M	
Indoor Skydiving	U	U	H	H	H	H	
Indoor Trampoline	*H	H	H	H	H	H	*Daisies under the age of six should not participate.
Karate/Martial Arts	M	M	L	L	L	L	
Kayaking	U	H*	H	H	H	H	*Flat water only for Brownies.
Land Sports	L	L	L	L	L	L	
Laser Tag	M	M	M	M	M	M	
Mobile Amusement Park Rides	U	U	U	U	U	U	Seasonal and/or pop-up rides are NOT permissible troop activities
Offshore Water/Large Passenger Vessels	H	H	H	H	H	H	
Outdoor Cooking	M	M	M	M	M	M	
Parades and Other Large Group Gatherings	L	L	L	L	L	L	
Pocket Knife and Jackknife Safety	H*	H	M	M	M	M	*Daisies can learn pocket knife and jackknife safety with cardboard or wood examples.
Rocketry/Model Rocketry	U	U	H	H	H	H	
Row Boating	H*	H	H	H	H	H	*Daisies may use basic row boats only if they have an adult in the boat with them.
Sailing	U	H*	H	H	H	H	*Thoroughly verify Brownie maturity level for sailing.
Scuba Diving	U	U	U	H	H	H	
Segway	U	U	U	U	M	M	
Skateboarding	U	M	M	M	M	M	
Sledding, Tobogganing, and Snow Tubing	M	M	M	M	M	M	
Snorkeling	U	U	H	H	H	H	
Snowshoeing	L	L	L	L	L	L	
Spelunking/Caving	U	U	H	H	H	H	
Standup Paddle Boarding	U	U	H	H	H	H	
STEM, Arts, Crafts	L	L	L	L	L	L	

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Surfing	U	U	H	H	H	H	
Swimming	H	H	H	H	H	H	
Target Paintball	U	U	H	M	M	M	
Tethered Balloon Rides	U	U	H	H	H	H	
Tools – Hand and Power	H	H	H	M	M	M	
Tubing	U	U	H	H	H	H	
Waterskiing and Wakeboarding	U	U	H	H	H	H	
Whitewater Rafting	U	H*	H**	H	H	H	*Brownies (Class I–II rapids only). **Juniors (Class I–III rapids only), Cadettes, Seniors, and Ambassadors (Class I–IV rapids only). No Girl Scout is permitted on Class V or VI rapids.
Windsurfing/Sail Boarding	U	U	H	H	H	H	
Zip Lining	H*	H*	H	H	H	H	*Not permitted for Daisies, except for playground zip lines. *Canopy tours are not permitted for Daisies or Brownies on non-Girl Scout sites.

[Questions? Contact customer care@gssc.us](mailto:customer care@gssc.us)