

girl scouts
of suffolk county

2026 Making an Impact Breakfast

*Empowering Girls,
Expanding Impact*

Digital Journal

Friday, March 6th, 2026

Stonebridge Country Club, Smithtown





girl scouts 
of suffolk county

At Girl Scouts of Suffolk County, our mission is to build girls of courage, confidence, and character who make the world a better place.

The Girl Scout Leadership Experience is centered on four pillars-STEM, Outdoors, Life Skills, and Entrepreneurship, and is designed to build confidence in every girl, regardless of background or ability. Guided by supportive adults and peers, girls develop their leadership potential through age-appropriate activities that enable them to discover the world around them.

Today's Girl Scouts are tomorrow's world changers, and at Girl Scouts of Suffolk County, we are committed to helping every girl build a foundation for success.



Girl Scout Promise

On my honor, I will try:
To serve God* and my country,
To help people at all times,
And to live by the Girl Scout Law.

Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong,
and responsible for what I say and do,
and to respect myself and others,
respect authority,
use resources wisely,
make the world a better place,
and be a sister to every Girl Scout.

**Members may substitute for the word
God in accordance with their
own spiritual beliefs.*

CHANGE THE WORLD, INVEST IN GIRL SCOUTS

When Girl Scouts are in charge, you can be sure they will change the world for the better. Support Girl Scouts of Suffolk County and be a part of that change by investing in our council initiatives or joining us at an upcoming fundraising event.

Visit www.gssc.us/donate or scan our QR code



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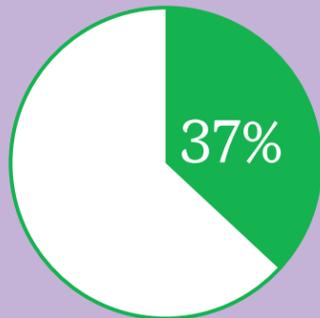


Girl Scout Alum Facts*

The Girl Scout alum community is over 50 million strong.

Based on current U.S. government population estimates, there are approximately 143 million adult women in the United States.

More than 1 in 3 women in the United States were Girl Scouts at some point in their lives.



79% say they stand up for their beliefs and values

Compared to other women, Girl Scout alums embody higher levels of:

- **Courage**—they show resilience when learning from failure and setbacks, take on challenges, are ambitious, and aren't afraid to take risks (46% compared to 36%).
- **Confidence**—they accomplish what they set out to do and are assured in their abilities (66% compared to 53%).
- **Character**—they lead purposeful and meaningful lives, are honest and trustworthy, stand up for their beliefs and values, and actively contribute to others' well-being (74% compared to 62% showed positive values and 61% compared to 48% showed positive self-image).

*Girl Scout Alum Facts, GSRI, 2021

Letter from GSSC

Dear Friends,

At Girl Scouts of Suffolk County, we believe every girl, regardless of background or ability, deserves the courage, confidence, and character to shape her own future.

Each year, our Making an Impact Breakfast, held in celebration of International Women's Day, is a powerful moment of connection.

Our 2026 panelists, Belinda Alvarez-Groneman, Carol A. Gomes, Marie Martineck, and Michelle Zarifis, along with our moderator, Adrienne Greene, share in our vision for a bright and limitless future for girls, and their stories of courage, triumph, and determination help empower us all.

Your support fuels extraordinary hands-on experiences rooted in our pillars of STEM, Life Skills, Entrepreneurship, and the Outdoors. It ensures that no girl is ever turned away from Girl Scouts due to financial hardship. Because of you, our theme, **Empowering Girls, Expanding Impact**, is not just a message on a page. It is a promise fulfilled, a life changed, a future rewritten.

Thank you for making an impact and championing the dreams of Girl Scouts across Suffolk County.

Yours in Girl Scouting,



Tammy Severino
Tammy Severino
President & CEO



Donna Smeland
Donna Smeland
Chair of the Board



Empowering Girls, Expanding Impact

Help us reach \$5,000— your gift directly supports scholarships and financial aid for Girl Scouts in Suffolk County

We are celebrating 115 years of International Women’s Day and the theme this year is “Give to Gain”, which encourages a mindset of generosity and collaboration. Whether through donations, knowledge, advocacy, or mentoring, contributing to women’s advancement helps create a more supportive and interconnected world. Share a photo of you in this year’s pose, tag us, and use #IWD2026 #givetogain

Follow us on social media:

 Girl Scouts of Suffolk County

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 Girl Scouts of Suffolk County



Special Guests

Our Panelists



Belinda Alvarez-Groneman
*Deputy Police Commissioner,
Suffolk County Police Department*



Carol A. Gomes, MS, FACHE, CPHQ
*Chief Executive Officer & Chief Operating Officer,
Stony Brook University Hospital*



Marie Martineck
*Senior Director of Commercial Sales,
CertaPro of Port Jefferson*



Michelle Zarifis
*External Affairs Manager,
National Grid*

Our Moderator



Adrienne Greene, MBA
*Vice President of Retail Banking,
Nassau Financial Federal Credit Union*

How Girl Scouts Can Support Mental Health*



“Because of Girl Scouts, I’ve had a community and a safe place to be myself.”

2/3rds
of girls feel
like being in
Girl Scouts
supports their
mental health.



Girls say Girl Scouts
provides...

- ✓ A safe space
- ✓ A program that teaches leadership, courage, confidence, & character
- ✓ Social support & friendships
- ✓ Supportive adult relationships
- ✓ Consistency & comfort in a time of change



“Girl Scouts has taught me to be self-confident, which is very good for my mental health. I have learned to be brave when trying new things, which reduces anxiety I might have had when put in new or uncomfortable situations. I have learned to be adaptable. Girl Scouts’ encouragement of always trying new things has led me to pursue activities that make me happy.”

*Girl Speak Out About Mental Health, GSRI, 2020

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Thank you!



We extend our heartfelt gratitude to our sponsors for their generous support of the Girl Scouts of Suffolk County. Your contributions help ensure that girls of all backgrounds have the opportunity to pursue their dreams.

Together, we are empowering girls and expanding our impact. Thank you for being an essential part of our mission to build girls of courage, confidence, and character who make the world a better place.

—The Committee

Breakfast Committee

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Krupa Lauricella

Co-Chair, Chief of Staff, Office of Councilman James P. O'Connor

Myrtho Cadet

Middle School Dean of Students, The Bridges Academy

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— Girl Scout Amani, Troop 0000

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Thank You To Our Venue Hosts!



Girl Scout Community Programs

So far, we have brought the Girl Scout Experience to over 2,800 girls across diverse communities, with over 50 programs, in over 40 schools and 7 family shelters.



We want the Girl Scout experience for all girls. Because all girls, despite background or ability, deserve educational and enriching opportunities that help them discover their strengths and passions.

*Compared to non-Girl Scouts, Girl Scouts are more likely to...

- **Develop a Strong Sense of Self:** *They have confidence in themselves and their abilities, and are happy with who they are as a person.*
- **Form Healthy Relationships:** *They develop and maintain healthy relationships by communicating their feelings directly and resolving conflicts constructively.*
- **Display Postive Values:** *They act ethically, honestly, and responsibly, and show concern for others.*
- **Be Community Problem-Solvers:** *They desire to contribute to the world in purposeful and meaningful ways, learn how to identify problems in the community, and create "action plans" to solve them.*
- **Seek Challenges:** *They take appropriate risks, try things even if they might fail, and learn from mistakes.*

*The Girl Scout Impact Study, GSRI, 2017

Making a Difference

As we add more programs and schools to the upcoming year with up to 90% of these Girl Scouts in need of scholarships, it's more important than ever to ensure we can give them access and help them become the next generation of leaders.

Join our team of strategic partners who enhance our Community Programs by adding other special workshops on financial literacy and budgeting, STEM activities, and special guest speakers.



Community Programs

Bringing the Girl Scout Experience to Every Girl!

- | | |
|---|--|
| Andrew T. Morrow Elementary School | Marion G. Vedder Elementary School |
| Anthony Alfano Elementary School | Martin L. King Jr. Elementary School |
| Aquebogue Elementary School | North Elementary School |
| Belmont Elementary School | Northeast Elementary School |
| Charles E. Walters Elementary School K-1 | Northwest Elementary School |
| Charles E. Walters Elementary School 2-4 | Oak Park Elementary School |
| Coram Elementary School K-1 | Parkview Elementary School |
| Coram Elementary School 2-4 | Parliament Place Elementary School |
| Cordello Avenue Elementary School | Pine Park Elementary School |
| Fifth Avenue Elementary | Ridge Elementary School K-1 |
| Fort Salonga Elementary School | Ridge Elementary School 2-4 |
| Frank J. Cannon Southeast Elementary School | Riley Avenue Elementary School |
| Gardiner Manor Elementary School | Southwest Elementary School |
| Hemlock Park Elementary School | West Middle Island Elementary School K-1 |
| LaFrancis Hardiman Elementary School | West Middle Island Elementary School 2-4 |
| Loretta Park Elementary School | William E. DeLuca Elementary School |
| Marguerite Mulvey Elementary School | Woods Road Elementary School |



For more information, contact customercare@gssc.us or call (631) 543-6622



Your **Promise** is the connection to a sisterhood 50 million strong.



Join the *GSSC Alum Association Today!*



Questions? Contact Angela at aperrone@gssc.us or call (631) 543-6622 ext.245

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You've Help Us Empower Girls and Expand Our Impact!

Because of you, girls can build the courage, confidence and character to make the world a better place.

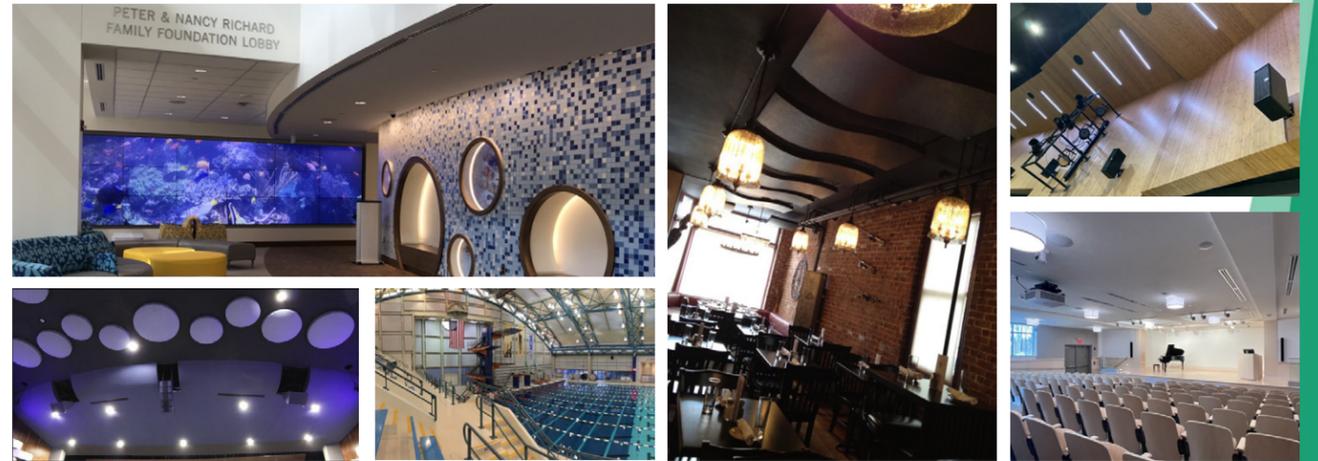
Thank you to our wonderful panelists, amazing moderator, media Girl Scouts, and to all our donors for being a part of the 2026 Making an Impact Breakfast. We hope you'll join us next year!



Donna Smeland
*Chair of the Board,
Girl Scouts of Suffolk County*

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Help us reach \$5,000— your gift directly supports scholarships and financial aid for Girl Scouts in Suffolk County

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Girl Scouts of Suffolk County's
2026 Golf Classic

Monday, September 28, 2026 • Nissequogue Golf Club, St. James



Spend the day on a beautiful golf course in support of empowering girls across Suffolk County.

With your generosity, Girl Scouts will gain the skills and confidence they need to become tomorrow's changemakers.



Learn more at
www.gssc.us/golf

Questions? Contact Angela Perrone at aperrone@gssc.us or call (631) 543-6622 x245

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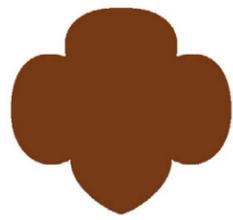
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Save
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Date!

1st Annual Run & Walk



Saturday, June 13, 2026 | Camp Edey, Bayport

Mark your
calendar for
our first
annual run &
walk!

More information
coming soon—
www.gssc.us

Questions? Contact:
customer@gssc.us
(631) 543-6622



girl scouts
of suffolk county

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SUMMER CAMP 2026



At Camp Edey in Bayport, girls can make new friends and explore the magic that nature has to offer while being guided by our amazing camp team who support them along the way. Unplug from screens & see the wonders of the great outdoors.

- For Girls Rising to Grades 1st-9th in the Fall
- 9 Weekly Sessions: June 29 - August 28, 2026
- New Extended Care AM and PM add-on available.

More info @ gssc.us/summercamp

DAY CAMP

Rising to 1st-6th Grade in Fall

\$475

SLEEPAWAY

Rising to 5th-6th Grade in Fall

\$630

Rising to 7th-9th Grade in Fall

\$725

TEEN-VENTURES

Rising to 7th-9th Grade in Fall

\$600



Questions? Email camp@gssc.us or call (631) 543-6622

Campers will enjoy summer camp with weekly themed activities, free lunch/snacks, & \$10 at Trading Post each week. No bus transportation. Week 1 is only four days. Pricing shown is per week.



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As Nassau Financial Federal Credit Union celebrates 90 years of serving Long Island, we are proud to support organizations that invest in the future of our communities. The Girl Scouts of Suffolk County continue to inspire young leaders by building courage, confidence, and character, helping shape the next generation of changemakers.

Since 1936, Nassau Financial has been committed to empowering individuals and families through financial education, trusted guidance, and meaningful community partnerships. Supporting programs that foster leadership, education, and personal growth reflects the same values that have guided us for nine decades.

Together, we celebrate the impact being made today and the brighter future being built for tomorrow.

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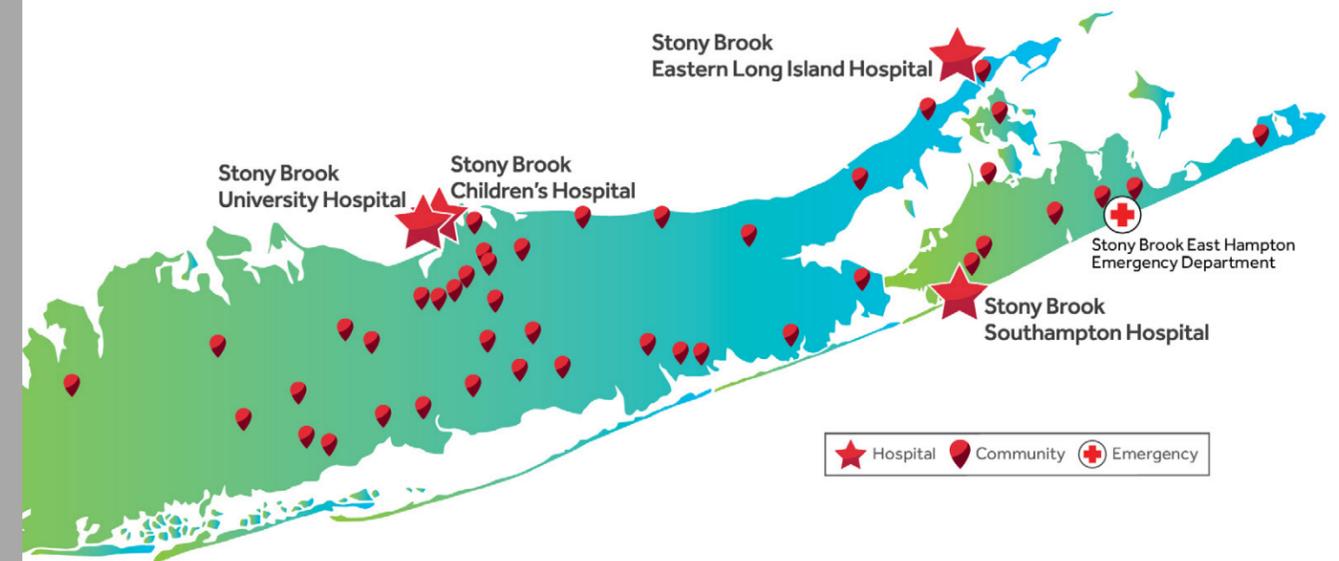
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Engrave Your Legacy



Walk of Memories & Milestones at Camp Edey

Imagine your name, troop, or a special message forever engraved on our beautiful boardwalk at Camp Edey—a place where friendships bloom, nature inspires, and lifelong memories are made. Whether you're honoring a loved one, celebrating a milestone, or simply sharing your love for camp, this unique opportunity lets you become part of its story.

Each boardwalk plank is handmade right here at Camp Edey, ensuring that every detail reflects the love and connection this special place inspires. Your custom engraving is created with precision and care, making your board a true part of Camp Edey's story. Planks will be prominently placed in one of three iconic locations at Camp Edey. Choose from one of the following locations to engrave your name, troop, or message:

1. Main Entrance to Campgrounds

This is the path every camper walks on as they embark on their summer camp adventures.

- 5 foot-long planks available at \$350 each.

2. Mae K Lodge to Juliette Low Friendship Center

A vital connection leading to the heart of camp life, where friendships and memories are made.

- 5 foot-long planks available at \$350 each.

3. Fishing Dock (San Souci Lake)

A scenic spot where campers cast their lines and enjoy peaceful moments by the water.

- 7 foot-long planks available at \$500 each.
- 5 foot long planks available at \$350 each.



Your Contribution Matters

Not only will your engraved plank symbolize your connection to Camp Edey, but it will also help support the upkeep of the boardwalks and improve the camp experience for future generations. Each plank will be maintained to ensure its message lasts for years to come. This is open to all—families, alumni, troops, and anyone who holds Camp Edey and Girl Scouts of Suffolk County close to their heart.



Reserve Your Plank TODAY—www.gssc.us/engrave

Questions? Contact Amy Keyes, *Director of Operations* at akeyes@gssc.us or call (631) 543-6622 x222

Join, volunteer, reconnect, or donate, by visiting www.gssc.us

Girl Scouts of Suffolk County is a 501c3 not-for-profit organization. Tax ID: 11-2164434

Partner Patch Program



This is a unique opportunity for businesses and organizations to engage with local Girl Scouts while gaining visibility within our community. Whether you're looking to distribute custom patches, host hands-on programs, or both, there's a level that fits your goals and budget.

Community Patch Partner

Become a destination for Girl Scouts by offering a custom-designed patch that they can earn just by visiting your location! Your organization will be featured on our website, social media, and in emails to our members across Suffolk County, so Girl Scouts can earn their patch with you.

Choose Your Level:

- \$1,500 → 750 custom-designed, full-color patches
- \$1,000 → 450 custom-designed, full-color patches
- \$500 → 200 custom-designed, full-color patches

Additional patches available at cost. We'll deliver the patches directly to your place of business.

Signature Program & Patch Partner

Take it a step further and host a Girl Scout program at one of our locations (Camp Edey, Bayport or Main Office, Commack) while still distributing patches from your place of business. Programs must align with one of the four pillars of Girl Scouting (STEM, Outdoors, Life Skills, or Entrepreneurship) and offer a unique experience for our girls. Scheduling is subject to availability, ensuring a diverse lineup of programs. We'll promote your program through our website, email, and social media to our members.

Choose Your Level:

- \$1,500 → 6 programs per year + 500 custom patches
- \$1,000 → 4 programs per year + 300 custom patches
- \$500 → 2 programs per year + 150 custom patches

Additional patches available at cost. Patches can also be distributed from your place of business.

Not Sure Where Your Business Fits? Let's Talk!

If you want to be part of this program but aren't sure which pillar is the best fit, reach out to us! We're happy to help tailor an experience that works for your organization while providing meaningful opportunities for Girl Scouts. Email Angela Perrone, Fund Development Manager, at aperrone@gssc.us or call (631) 543-6622 ext. 245.

STEM

e.g. - Coding, Build Bridges, Chemical Reactions, Graphic Design, Cybersecurity, Robots.



Outdoors

e.g. - Jr. Park Ranger, Fishing 101, Intro to Climbing, Grow Your Own Garden, Survival Boot Camp.



Life Skills

e.g. - Cooking/Baking, First Aid, Self-Defense, Public Speaking, Car Maintenance, Self-Care.



Entrepreneurship

e.g. - Simple Budgeting, Build your Brand, Girls in Business, How to Lead a Team, Mentorships.



Help shape the future of Girl Scouts—one patch at a time!

Learn more at www.gssc.us/partnerships



What do Girl Scouts think about the STEM program?*

Two-thirds of Girl Scouts (67%) are doing STEM programs—and the majority are doing multiple activities.

95%

of girls who did Girl Scout STEM activities thought they were fun



91%

tried activities they have never done before



88% want to do more STEM activities



"I liked Backyard Science Night with the telescopes because seeing the moon through the telescope was cool." (Daisy)

"Observing the chemical reactions in candy making was very hands-on and left me with a good taste in my mouth." (Ambassador)

*The Impact of Girl Scout STEM Programming, GSRI, 2022

Sexual Abuse Prevention Education Programs



Programs:

- Pre-K-3rd Grade** You're In Charge
- 4th-7th Grade** When Should You Tell
- 5th-8th Grade** Cyber Safety
- 7th-12th Grade** Safe Dates
- 7th-12th Grade** Don't Cross the Line[®]
- 9th-12th Grade** Respecting Personal Boundaries
- 9th-12th Grade** Teen Sexting Prevention
- 9th-12th Grade** Staying Safe
- Parents/Adults** Apple of My Eye[®]



PATCHES AVAILABLE!

We Teach Girls Skills to Help Prevent Sexual Abuse!

Our age-appropriate prevention programs are specifically designed to teach children invaluable safety skills in ways that are fun, interactive, and non-threatening! The Crime Victims Center dba Parents for Megan's Law is a New York State registered 501(c)3 not-for-profit organization dedicated to the prevention and treatment of child abuse and the provision of support services for all victims of violent crime.



CALL TO SCHEDULE A PROGRAM OR FOR MORE INFORMATION

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nationalgrid

Economic Development Programs

Downstate New York



Whether your goal is to focus your community's economic development and business recruitment efforts, develop strategies and materials for marketing your community or to redevelop buildings and brownfields sites in your community, Our Economic Development Grant Programs may be able to assist you and are approved by the New York State Public Service Commission.

Our Economic Development Grant Programs maintain a strong focus on site development, urban revitalization, strategic marketing, and facilitating customer growth through infrastructure assistance, energy efficiency and productivity improvement. The programs reflect an increasing emphasis on sustainable development, the efficient use of existing energy infrastructure and the strategic deployment of renewable generation technologies.

Marketing Programs

Cooperative Business Recruitment

Productivity Program

Natural Gas Manufacturing Productivity Program

Site Development Programs

Brownfield Redevelopment
CleanTech Incubation

Revitalization Development Program

Cinderella
Sustainable Gas and Economic Development

Capital Investment Program

The Future of Heat Economic Development

Program Details

The Cooperative Business Recruitment Program provides matching funds up to \$50,000 for cooperative marketing initiatives between National Grid and economic development partners.

The Brownfield Redevelopment Assistance Program provides matching grants up to \$250,000 to fund utility related infrastructure improvements, demolition, and other costs necessary to progress the redevelopment of a brownfield site or abandoned building.

The CleanTech Incubation Program provides grants up to \$250,000 to support entrepreneurial ventures, connect new companies to key resources, address their critical problems and assist them in capitalizing on emerging opportunities.

Through the **Cinderella program**, National Grid offers rehabilitation grants up to \$250,000 to encourage non-profits, community groups and developers to secure and restore buildings to create new jobs throughout the communities we serve.

The Sustainable Gas And Economic Development Program provides matching grants up to \$250,000 for collaborative projects that involve a downstate research institution, one or more sustainable gas or gas transportation technologies and a regional economic development sponsor.

The Manufacturing Productivity Program (MPP) provides matching grants up to \$40,000 to eligible applicants, whose top management commits the time and resources to eliminating waste and increasing productivity on the "shop floor" and/or in the office, as well as growth-targeted activities that result in greater utilization of manufacturing capacity.

The Economic Development and The Future of Heat Program provides funds to help customer in investments in "non pipeline alternatives" and emerging and efficient natural gas utilizing technologies other solutions that will reduce overall demand for natural gas delivery in the region.

Additional Business Incentive Programs

We are dedicated to helping local companies succeed in today's competitive business environment. We offer Energy Efficiency programs which help businesses improve performance, save money and contribute to a greener environment. Programs include efficiency advice, tools and financial incentives to assist with the planning and installation of energy-saving technologies.

For program details, eligibility and to apply please visit www.shovelready.com



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their mission to building girls of courage,
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297 Commack Road
Commack, NY 11725

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Dr. Venise Mule - Glass, DPT

*Venise Mule-Glass,
PT, DPT, OCS, CSCS, RYT
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With every Visit at **SUNSHINE PHYSICAL THERAPY** a Hands on approach is provided with specialized treatment to the specific needs of our patients. While many practices have a PT evaluate their patients initially and then most subsequent visits are often with inexperienced staff.

Just in 2021 thus far **SUNSHINE PHYSICAL THERAPY** has rehabilitated over 200 patients that had received HIP, KNEE, SHOULDER Replacement and ROTATOR CUFF Injuries.

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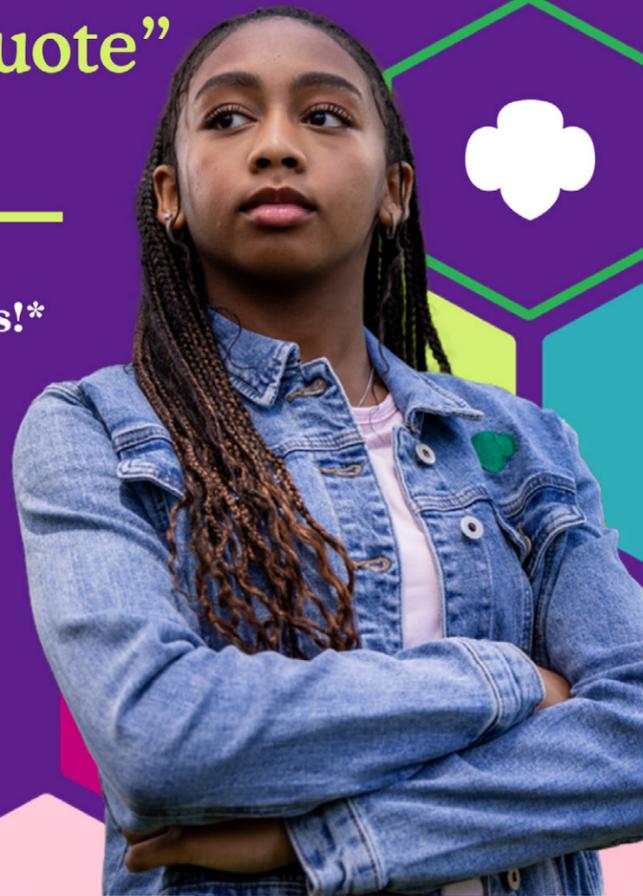
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Escape the office and rediscover the power of teamwork in the heart of nature at Camp Edey. Nestled on 95 wooded acres in Bayport, NY, Camp Connect offers your team exclusive access to this serene oasis for a full day of unforgettable bonding and growth.

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- Customized Team-Building: We offer additional creative activities including arts & crafts and/or adventure-style problem-solving games to suit your team's goals and dynamics.
- Natural Inspiration: Step away from screens and into a rejuvenating natural environment.
- Lasting Impact: Strengthen bonds and leave with renewed energy and collaboration.

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Your investment of \$5,000 includes up to 50 participants *(Add on people for an additional cost.)*

- The entire camp is yours from 8 hours (8:00 am - 4:00 pm)
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- Pedalboat your way to collaboration on the San Souci Lake
- Aim high and achieve together with a fun, guided archery experience.
- Start the day with a refreshing yoga session dockside.
- Explore the great outdoors on our peaceful, hiking trails.
- Unleash creativity and strengthen connections with arts & crafts.
- Build trust, foster communication, and boost morale with team-building games.



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