

TROOP CAMP CERTIFICATION TRAINING

Welcome to Girl Scouts of Suffolk County's Troop Camping Certification Training! This packet includes information crucial to a successful camping trip. Reading this packet thoroughly will complete Part One of the training and is *required* for you to move on to Part Two to attend the Pre-requisite meeting at Camp Edey, then on to Part Three which is a full day practical training at Camp Sobaco.

To begin, here is some information to help you get familiarized with our camps:

Camp Edey at 1500 Lakeview Ave., Bayport, NY 11705

A 95-acre natural preserve on a chain of freshwater lakes that offers girls-only camping opportunities. Home to the Juliette Low Friendship Center, a state-of-the-art dining and program facility.

Directions to Camp Edey:

From the East or West: Take the Long Island Expressway to exit 62 South, Nicolls Road. Take Nicolls Road South to the end to Montauk Highway. Turn right onto Montauk Highway. Go west approx. one mile to Lakeview Avenue. Turn right onto Lakeview Avenue (look for a yellow sign that reads "Venero Motors"). Proceed straight on Lakeview Avenue towards Camp Edey. The Juliette Low Friendship Center is on the left. The Betty Jane Horowitz Welcome Center is on the right side of the parking lot at the end of Lakeview Avenue.

Camp Sobaco at German Blvd., Yaphank, NY 11980

A 34-acre stretch of pine barrens on the Carmans River that offers co-ed day camp for the working family, a year-round Environmental Education Center.

Directions to Camp Sobaco:

From the East: Take the Long Island Expressway to exit 66. Turn right onto Sills Road. Proceed to second traffic light, Mill Road. Make a left onto Mill Road. Make the first right onto German Blvd. Make first two possible left turns. Follow unpaved road to parking lot.

From the West: Take the Long Island Expressway to exit 66 (Sills Road). At the light off the exit ramp, make a left onto Sills Road. Proceed to third traffic light, and make a left onto Mill Road. Make the first right onto German Blvd. Make first two possible left turns. Follow unpaved road to parking lot.

For questions about camp, please contact the Camp Office at Camp Edey at 631-472-1625 or camp@gssc.us.

STATEMENT ON OUTDOOR PROGRAM

“Girl Scouting from its inception has made it possible for girls to experience the freedom and joy of being in the out-of-doors. As we (the Girl Scout Organization) move toward the 21st century and acknowledge the environment crisis, we have a new sense of responsibility. It is imperative that Girl Scouting renew its commitment to girls and affirm that: “Inherent in the Girl Scout program is every girl’s right to know, enjoy appreciate and preserve in the natural environment.”

“Inherent in a council is the adult responsibility for stewardship of land and resources necessary for continuing Girl Scout programs.”

National Board of Directors, GSUSA - March 19, 1976

TROOP CAMPING CERTIFICATION

Completion of this course will prepare you to take your troop camping on and off Girl Scout property, in other than extreme weather conditions. A troop camping certified volunteer should have knowledge of and the ability to teach the girls to:

- Be competent in the Basic Outdoor skills.
- Plan and budget for all aspects of the camping event, including program, location, food, transportation and equipment.
- Plan and shop for suitable balanced meals.
- Plan, pack and care for clothing and personal equipment for varying weather conditions.
- Make and use a Kaper chart.
- Use and care for shelters properly.
- Prepare a charcoal fire for cooking, building a wood fire and maintaining a wood pile.
- Plan program activities, including simple outdoor games, ceremonies, campfires, outdoor flag ceremonies and other activities of interest to the girls.
- Keep bathrooms neat and clean.
- Appreciate nature and use appropriate conservation techniques.

JOB DESCRIPTION OF THE TROOP CAMP CERTIFIED VOLUNTEER**

FUNCTION: The Troop Camp Certified volunteer is responsible for preparing the troop to go camping. She/he accompanies the troop during their trip and assists them in carrying out their planned activities.

Before the camping trip, the Troop Camp Certified Volunteer:**

- Teaches basic skills to the troop and works with the troop to raise their skill level to the point that the troop is able to perform each skill.
- Familiarizes the troop with the organization of a camping trip, including adaptation of the patrol system and use of a kaper chart.
- Is responsible for leading the troop in planning their camping trip, including menus, transportation, shopping, equipment and program.
- Must insure that the troop has a certified First Aider to accompany them on their camping trip.

During the camping trip, the Troop Camp Certified Volunteer:**

- Assures that health and safety standards are followed as outlined in the Volunteer Essentials.
- Supervises all camping activities, allowing the troop to proceed at their own pace, and provides guidance when necessary.
- Sees that all borrowed equipment is returned to its proper place and that the site is left cleaner than found.

After the camping trip, the Troop Camp Certified Volunteer:**

- Evaluates the camping trip with the troop.
- Sees that all equipment is cleaned and stored away.
- Sees that the completed checklist is returned to the Site Director.

Qualifications of the Troop Camp Certified Volunteer:

- A belief in, and enthusiasm for, the Girl Scout program.
- An interest and enjoyment in the out-of-doors.
- Willingness to take required training and updates as needed.

**In addition to these, if the Troop Camp Certified Volunteer is also the leader in charge of the group, and is responsible for the supervision of the troop in all areas not covered under the responsibilities of the Troop Camp Certified Volunteer.

Girl Scouts of Suffolk County, Inc. About our Camps

Girl Scouts of Suffolk County, Inc. owns and operates two camps, Camp Edey and Camp Sobaco.

Camp Edey is located on 95 acres of wetland preserve north of Montauk Highway in Bayport. The camp has access to the San Souci Lakes. The woods, lakes and trails provide many resources for Girl Scout program in the out-of-doors.

Camp Sobaco is located in the center of Suffolk County, north of the Yaphank Lake, with the Carmen's River running near its boundary. Its lovely 34 acres of Pine Barrens lend themselves to many different types of outdoor programs.

Both camps have buildings that are heated and are available for spring, fall and winter camping. The buildings have bathrooms with flush toilets, sinks and showers. All buildings are supplied with mattresses. Each building also has a kitchen with a sink, stove and a refrigerator.

The Tent-a-low and tent sites are available for spring and fall camping. These sites have a kitchen shelter with tables, electric lights and one outlet. NO ELECTRICAL APPLIANCES ARE ALLOWED, except for one small coffee pot. Fire circles are provided at all sites, including the buildings, for cooking and a campfire. There are two primitive tent sites, Whispering Pines at Camp Edey and Greenland at Camp Sobaco. They are provided with a table and a fire circle.

Common bathrooms are provided for the tent-a-low and tent sites. There are flush toilets, sinks and showers. There are also men's bathrooms available when there are men on camp.

Camp Edey – South side of Pioneer Showers, west side of House That Jack Built
Camp Sobaco – East Bath House, entrance in rear

All cars coming to camp remain in the parking lot and are backed into the parking spots. For reasons of safety, NO CARS ARE PERMITTED TO DRIVE TO THE SITES. All troops must check in with the Site Director upon arrival.

Every site is provided with a Walkie-Talkie and Lantern, which enables the troop to maintain contact with the Site Director. A Camp Ranger resides at each camp. In addition, a security guard is on duty at night. The Site Director is there during the entire weekend during spring and fall camping. There is no Site director during winter camping weekends.

INQUIRIES FOR BOTH CAMPS SHOULD BE DIRECTED TO:

Girl Scouts of Suffolk County, Inc.
Camp Edey
1500 Lakeview Ave., Bayport, NY 11705
Phone Number: 472-1625 Fax Number: 472-8199
Email: camp@gssc.us
Web: www.gssc.us

Camp Edey

1500 Lakeview Ave.
Bayport, NY 11705

SITE	CAPACITY	FACILITIES
Troop House (Building)	25 People	Complete Bathroom Plus Handicapped Bathroom Facilities, Complete Kitchen, Heated
Mae K (Building)	20 People	Complete Bathroom, Complete Kitchen, Heated
Cabin (Building)	10 People	Winter Use Only, Complete Bathroom, Complete Kitchen, Heated
Sea Bees	40 People	Two Long Structures (24 Cots), Plus 2 Tent-A-Lows, Kitchen Shelter, Bathroom at Pioneer Showers
Pixie	40 People	5 Tent-A-Lows (Three with ramps for handicapped use), Kitchen Shelter, Bathroom at Pioneer Showers
Woodsmen	40 People	5 Tent-A-Lows, Kitchen Shelter, Bathroom at Pioneer Showers
Venus	48 People	6 Tent-A-Lows, Kitchen Shelter, Bathroom at "House That Jack Built"
Pleiades	40 People	5 Tent-A-Lows, Kitchen Shelter, Bathroom at "House That Jack Built"
Midget (Tent Site)	15 People	Kitchen Shelter, Bathrooms at Pioneer Showers
Little Dipper (Tent Site)	25 People	Kitchen Shelter, Bathrooms at Pioneer Showers
Whispering Pines (Tent Site)	20 People	Primitive Site- No Kitchen Shelter, no Electric, Bathrooms at Pioneer Showers

Emergency Phone Numbers:

Cabin: 472-1371 Troop House: 472-5190 Mae K: 472-1567

Camp Sobaco

229 German Blvd.
Yaphank, NY 11980

SITE	CAPACITY	FACILITIES
In Katie's Care (Building)	25 People	Complete Bathroom Plus Handicapped Bathroom Facilities, Complete Kitchen, Heated
Daisy Low (Building)	XXXXX	Site Director's Cabin
Overlook	40 People	5 Tent-A-Lows, Kitchen Shelter, Bathroom at East Bath House
Pinecones	32 People	4 Tent-A-Lows, Kitchen Shelter, Bathroom at East Bath House
Shinnecock	40 People	5 Tent-A-Lows, Kitchen Shelter, Bathroom at East Bath House
Sleepy Hollow	32 People	4 Tent-A-Lows, Kitchen Shelter, Bathroom at West Bath House
Oakwood	32 People	4 Tent-A-Lows, Kitchen Shelter, Bathroom at West Bath House
Robin's Roost	32 People	4 Tent-A-Lows, Kitchen Shelter, Bathroom at West Bath House
Lady Slipper	40 People	5 Tent-A-Lows, Kitchen Shelter, Bathroom at West Bath House
Greenland (Tent Site)	25 People	Primitive Site- No Kitchen Shelter, no Electric, Bathrooms at West Bath House
Pavilion (Day Use)	100 People	Open Shelter For Groups
Hillcrest (Tent Site)	25 People	Kitchen Shelter, Bathroom at East Bath House

Emergency Phone Numbers:

Daisy Low: 924-6433 In Katie's Care: 924-1073

Registration Dates

Season	Availability	Registration Begins
Fall Weekends	See Girl Scout Publications for available dates	Not Before May 15
Winter Weekends	See Girl Scout Publications for available dates	Not Before October 15
Spring Weekends	See Girl Scout Publications for available dates	Not Before January 15

Fees

Day Event	\$6 per Registered Girl Scout
Troop Camping Fees Are For Two Nights in Tent-a-Lows (No Discount For One Night)	\$12 Per Registered Girl Scout
Tent Pitching Fees are for two nights. (No discount for one night)	\$24 For the Entire Troop

***Minimum Troop Camping Fees:** Tent-A-Lows \$48 Buildings \$72 Cabin\$48
(winter only)

<p>Fee Example Troop A 13 Girls and 2 Adults in Tent-A-Lows 15 People at \$12 per person = \$180 \$48 Tent-A-Low Minimum <u>IS</u> met</p>	<p>Fee Example Troop B 3 Girls and 2 Adults in a building 5 People at \$12 per person = \$60 \$68 Building Minimum Fee <u>NOT</u> met (Troop still owes \$8 to meet minimum)</p>
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REGISTRATION PROCEDURE

- Fill out the Troop Camp Application and enclose a \$24 Non-Refundable deposit.
* **Be sure that your application is signed by your Service Unit Coordinator. Your application will not be processed without it!**
- Mail your application to: **Girl Scouts of Suffolk County, Camp Edey, 1500 Lakeview Ave. Bayport, NY 11705**
- Once your application is accepted, the leader will be sent an Information Packet which will include all the information needed to preserve your reservation. **Please be sure to read all the information and due dates for all monies!**

SECURITY FEES

An additional check for a Security deposit of \$50 is required for all buildings at Camp Edey and \$100 for In Katie's Care at Camp Sobaco. After your camping weekend, this security check will be returned to you by mail from the Camp Edey office, if all was in order upon your departure.

In addition, for Spring and Fall Camping, you are required to bring a \$50 check as a deposit for a Walkie Talkie/Lantern. This check is given to the Site Director when you are issued your Walkie Talkie/Lantern for the weekend. It will be returned to you when you return these items in good condition.

If your troop must cancel, please notify the camp office as soon as possible. There may be a waiting list. Please understand that the \$24 deposit is non-refundable and that refunds are not possible for last minute cancellations.

Camping Procedures

Certification and Coverage	EACH TROOP MUST HAVE ONE ADULT WHO IS TROOP CAMP CERTIFIED AND ONE ADULT WHO IS TRAINED IN FIRST AID. Proper adult coverage is required for each age level. (See Safety-Wise)
Check In & Check Out	Check in time is between 5:00pm and 7:00pm on Friday and between 9:00am and 10:00am on Saturday. Check out is no later than 12:00 noon on Sunday.
Cars	NO cars will be permitted to drive to the sites. All cars must back into parking spots. All drivers are to drive slowly on the road into camp and in the parking lot. It is very important to car pool, as parking space is limited.
Garbage/Fire Ashes	All garbage goes in the camp dumpster, which is located in the parking lot of Katie's Care at Camp Sobaco and behind the Welcome Center at Camp Edey. Crush all boxes. Please bring all items to be recycled home with you. The ash pit is located next to the dumpster. Please be sure to clean up the fire circle area before departing.
Visitors	For security reasons, all visitors must sign in and out with the Site Director during Fall and Spring Camping.
Bathrooms	Troops are responsible for cleaning the bathrooms. Please bring cleaning supplies with you. Sanitary napkins, tampons and paper towels are to be disposed of in the garbage-not down the toilet! Please be sure to instruct your girls and adults of this. Troops are responsible for bringing their own toilet paper. Hot showers are available. Please be advised that the hot water tanks are small and showers should be limited.
Telephone	All phones in the buildings are for emergency use only. Collect phone calls by adults may be made from Daisy Low or Katie's Care at Camp Sobaco or Troop House, Mae K and Cabin at Camp Edey.
Accidents	All accidents MUST be reported to the Site Director and an Accident Report form MUST be filled out. During winter camping, accident forms are in the buildings. Completed forms are to be left with your weekend paperwork.

Girl Scout Policy	No alcoholic beverages, including beer and wine, or illegal drugs are permitted on camp. If this policy is abused, you will be required to leave camp. No smoking in front of the girls or in any building. Check with the Site Director for the designated smoking area.
Leader's Meeting	There is a mandatory Site Director's meeting on Friday evenings except during winter camping. There must be one leader from each troop present. You will be asked to update your roster at this time. Any other equipment will also be issued at this time, if available. Troops arriving on Saturday will be informed of the time for a Saturday meeting. For winter camping, there is an envelope in the building in which you may leave your updated roster.
Vandalism	Graffiti is not permitted at camp. Be sure the girls do not write on or deface any buildings or structures. Troops will be responsible for the cost of cleaning or repair.
Minimum Impact Camping	Camp should be left better than you found it. Do not deface trees, pick or cut or remove any bushes, flowers or trees. Do not remove any animals from camp.
Cancellation	If you have to cancel, please call the camp office at 472-1625 as soon as possible. The \$24 deposit fee is non-refundable.
Male Leadership	According to Safety-Wise standards, when men serve in Troop/Group leadership roles, at least one member of the leadership must be an adult female. Male leadership requires separate sleeping facilities. Married couples may share sleeping quarters, if appropriate facilities are available. Call the camp office for information at 472-1625. Male Tag-A-Longs over the age of 8 years old may not share the same sleeping facilities as the girls. If buildings are used, males must sleep in a tent outside. Male children above the 6 th grade are not permitted on camp.
Girl Registration	All girls of Girl Scout age must be registered if coming to camp. They are not covered under your Tag-A-Long insurance!
Insect Repellent	The Board of Health recommends insect repellent that contains the chemical DEET to prevent insect bites. Everyone should check themselves for insect bites throughout their stay.

The Girl Scouts of Suffolk County, Inc. is not responsible for any personal articles lost or stolen on camp properties. All valuables should be locked in your car or left at home.

FIRE AND EMERGENCY PROCEDURES

Three (3) blasts of air horn or car horn indicate an alert to campers of an emergency.

One (1) long blast of an air horn or car horn indicates an "All Clear" signal.

Two (2) blasts on a whistle indicate a personal emergency. Please investigate.

- When an emergency occurs you need to gather your group and....

At Camp Edey, lead group to the main parking lot. Walk the girls in single file on the side of the road to leave room for the fire trucks. If road or parking lot is blocked, lead campers to the edge of the lake and wait. Water is not more than 3 feet, except at the main dock area.

At Camp Sobaco, lead group to Daisy Low. If fire is blocking Daisy Low, proceed along the fire road to the farm behind Greenland (tenting site). Walk them single file and stay clear of fire trucks.

- Take attendance to be sure that everyone is present. If someone is missing, report to the Site Director immediately. The Site Director will assign someone to check the bathrooms, buildings and the tents, if necessary. Wait for the "All Clear" signal before returning to the camp.

TO REPORT A FIRE

Camp Edey

From the **West** side of the lake dial 911 and ask for the Sayville Fire Department

From the **East** side of the lake dial 911 and ask for the Bayport Fire Department

Camp Sobaco

Dial 911 and ask for the Yaphank Fire Department

10 RULES FOR CAMPER SAFETY

1. The buddy system is to be used at **all times** for both girls and adults. At night all girls must be with an adult.
2. Leaders should be aware of where campers are at all times.
3. No one is allowed on the white docks at Camp Edey.
4. Campers are not to climb on the roofs of the shelters at any time.
5. The roads and parking lots are not to be used as playgrounds.
6. Both water buckets must be filled before fire is lit.
7. Shoes and socks are to be worn at all times.
8. No one is allowed to ride in the carts.
9. Walk, do not run.
10. For tick protection: Stay on paths, wear socks over long pants, wear light colored clothing, spray **clothing** with commercial insect repellent (DEET) and have girls do frequent tick checks.

WHAT TO DO IN CASE OF AN ACCIDENT

1. A troop first aider should administer emergency first aid.
2. Leader should notify Site Director immediately.
3. Police or ambulance will be called if necessary.
4. Parents must be notified.
5. If necessary, camper should be taken to emergency room hospital specified by the Site Director. Directions are in each building.
6. An Accident Report form (available from the Site Director) must be completed and given to Site Director.

IN CASE OF INTRUDERS OR VANDALISM

1. All cars on camp should be locked at all times.
2. Sites should not be left unattended, except in an emergency.
3. Site Director should be notified immediately of any intruders. It is your responsibility to know where your girls are at all times. *Site Director will keep you informed.*

ITEMS AVAILABLE UPON REQUEST

Cast Iron Popcorn Popper	Volleyball, Basketball, GaGa Ball
Parachute and balls	Fitness Trail (Self-guided)
Challenge Course equipment	Mini Golf
Flag	

10 STEPS TO SUCCESSFUL CAMPING

1. Make sure you have a Troop Camp Certified person, **and** a First Aider. If not, be sure to arrange for a person or persons to take the training **before** your camping date.
2. Send in a completed application form with a \$24 deposit and make sure your S.U. Coordinator has signed the bottom.
3. Complete two copies of the Trip Approval form. One for your S.U. coordinator and one to be sent to the Main Office in Commack. Both copies must be signed by your Coordinator.
4. Have a completed permission slip and health form from each parent for each girl that is with you on your camping trip.
5. When you receive confirmation, send in the balance, the roster and the security fees, if applicable, two weeks prior to your camping date.
6. Ensure that you have proper adult coverage for your age level. See Safety-Wise.
7. Make sure your First Aid Kit is fully stocked.
8. Allow time to plan with your girls: menus, program, kapers and list of personal equipment needed for your trip.
9. Make arrangements with parents for car pooling the girls to and from camp.
10. Check your troop equipment list so that you do not forget anything.

EVALUATION SHEET AND TROOP CAMPING CHECK LIST

(Return this sheet to the Site Director before you leave)

Troop: _____ Service Unit # _____ Camping Date _____

Camp _____ Site or Building _____

Was this a Service Unit Encampment? Yes No

Leader/Person in Charge _____

Address _____ Town _____ Zip _____

Number of Campers _____ Number of Adults _____

Condition of Camp on arrival _____

Condition of Camp on Departure _____

Was the equipment adequate? _____

Did you have any accidents or injuries? Yes No

If yes, did you fill out an accident report? Yes No

Was the Site Director helpful? Yes No

Did you involve the girls in the planning of the menu and the shopping? Yes No

Did you involve the girls in the planning of your camp program? Yes No

CLEAN-UP

(Place a check mark after completing task)

For All Sites:

- Ashes Emptied in Ash Pit Ash Bucket Rinsed Out Boxes Flattened
- Garbage Brought To Dumpster Bathroom Cleaned Litter picked up at site
- All Equipment Returned Fire Circle Cleaned
- Walkie Talkie/Lantern returned

Tent-A-Lows:

- Tent-A-Low floors swept
- Tent-A-Low flaps closed and secured

Buildings:

- Tables Washed
- Floors Swept and Damp Mopped
- Stove Cleaned
- Refrigerator Emptied and Cleaned
- Bathroom Cleaned

Tent Sites:

- Tent swept, folded and placed in bags with tent poles
- All stakes and mallets returned
- If tents are wet, they are to be hung up in the Equipment Building

All comments are welcome: _____

Would you like to volunteer to help at a camping program? _____

Would you be interested in being a Site Director? _____

Girl Scouts of Suffolk County, Inc.
Traditional Troop Camping Application

(A Troop Camp Certified adult and an adult First Aider must accompany each troop while camping!)

Troop # _____ S.U. # _____

PLEASE CHECK ONE: _____ **Overnight** _____ **Day Event**

CAMP REQUESTED:	UNIT/BUILDING REQUESTED	DATES REQUESTED:
1ST _____	_____	From: _____ To: _____
2ND _____	_____	From: _____ To: _____
3RD _____	_____	From: _____ To: _____

One night Two nights **TROOP LEVEL** Brownie Junior Cadette Senior Ambassador

Number of persons attending: _____ Adults _____ Girl Scouts _____ Tag-a-longs

Leader in Charge: Name _____

Address: _____ Town: _____ Zip: _____

E- Mail _____

Home Phone: _____ Work: _____ Cell _____

Date of last camping weekend ___/___/___ Troop Camp Trained Adult: _____

TCC taken or will take
 When: _____ Where: _____ Trainer: _____

First Aider: Name: _____

First Aid was taken or will be taken prior to camp date: Date ___/___/___
 Where: _____

Please see your Troop Camp Information booklet for minimum troop camping fees

Day Event	\$6 per Registered Girl Scout
Troop Camping & S.U. Encampments	Two Nights (No discount for one night) \$12 per Registered Girl Scout
Overnight in Tent-A-Lows	
Tent Pitching	\$24 for the entire group (No discount for one night)
Buildings	\$12 per Registered Girl Scout

A \$24 NON-REFUNDABLE DEPOSIT MUST ACCOMPANY THIS APPLICATION.
 A completed roster and all money balances are due two weeks prior to your camping date!

This troop has participated in Girl Scouts of Suffolk County's:

Nut Campaign QSP Campaign Cookie Campaign

PLEASE NOTE: TROOPS WHO SUPPORT ALL COUNCIL FUND-RAISING CAMPAIGNS ARE GIVEN PRIORITY IN THEIR REQUEST FOR CAMPING ASSIGNMENTS. NO TROOP IS EVER DENIED ACCESS TO CAMPING.

The Service Unit Coordinator must sign this application. Your application will be returned, delaying processing, if not completed.

The above troop has the necessary training needed to go camping.

Service Unit Coordinator's/Appointee's Signature:

_____ Date: __/__/__

Leader's Agreement for Camping

1. To carefully abide by the standards of troop camping as outlined in Safety-Wise and the Troop Camping Information booklet.
2. To plan and carry out troop activities at camp that will assure a positive, well-supervised, and happy experience.
3. To provide a first aid kit for the troop's use at camp and see that one car is in the camp parking lot for emergency purposes.
4. To check in with the Site Director on arrival and departure.
5. To be responsible for leaving the camp and your site in good condition: disposing of all litter and garbage.
6. To inform the troop that Girls Scouts of Suffolk County, Inc. is not responsible for lost or stolen property.
7. To ensure that alcoholic beverages or illegal drugs are not permitted on camp and that there is no smoking in the presence of the girls at any time or in any building. Smoking areas will be designated by the Site Director.
8. To inform all parents that cars are permitted in the parking lot only. No cars are permitted at the sites, **DUE TO FIRE AND EMERGENCY REGULATIONS.**
9. To inform parents to be sure to check their daughter in with leader or designee upon arrival and departure.
10. I understand that there is always a possibility of unusual conditions arising at camp:
 - Due to extremely cold conditions, the heating systems in camp buildings may not be able to keep the buildings at an appropriate temperature. Water, cesspool or heating pipes may freeze, and electrical service may be interrupted.
 - Electrical or alarm service may be interrupted during storms.
 - Cesspools may not function properly if plumbing is improperly used.

Should these or any other emergency conditions occur during your stay, your troop may be asked to leave camp. Your cooperation with the Ranger and Site Director is expected and appreciated.

**Arrival times are from 5pm – 7pm on Friday, and 9am – 10am on Saturday morning.
Departure time is no later than 12pm on Sunday.**

Our troop is arriving on (day) _____ Time _____
Our troop is leaving on (day) _____ Time _____

We have read this agreement and the camping procedures of the Troop Camping Guide and agree to abide by all the standards.

Name and Signature of all leaders

Name (please print) _____ Signature _____ Date ___/___/___

Name (please print) _____ Signature _____ Date ___/___/___

Name (please print) _____ Signature _____ Date ___/___/___

Send completed application with deposit of \$24 to:
Girl Scouts of Suffolk County, Inc.
Camp Edey
1500 Lakeview Ave.
Bayport, NY 11705

Girl Scouts of Suffolk County

SERVICE UNIT ENCAMPMENT APPLICATION – COUNCIL PROPERTY

A Troop Camp Trained Adult and a First Aider must accompany EACH TROOP camping

SERVICE UNIT # _____ One night Two nights

1st choice Camp _____ Dates: From ___/___/___ To ___/___/___

2nd Choice Camp _____ Dates: From ___/___/___ To ___/___/___

3rd Choice Camp _____ Dates: From ___/___/___ To ___/___/___

Please check all Troop Levels attending: Daisy Br. Jr. Cad . Sr. Ambassador

Number of people attending: _____Adults _____Girl Scouts _____Tag-a-longs

Adult in Charge: Name _____ Phone: Home _____ Cell _____
Address: _____ Town: _____ Zip: _____

Date of last Service Unit Encampment ___/___/___

Please list all units and buildings that you will be using:

Fees Minimum and Maximum Fees – See Troop Camp Information booklet

Day Event	\$6 per Registered Girl Scout
Troop Camping Overnight	\$12 per Registered Girl Scout (No discount for one night)
Tent Pitching Two nights	\$24 for the entire group (No discount for one night)

- A \$24 NON-REFUNDABLE **DEPOSIT** and **LEADERS AGREEMENT FOR EACH TROOP** MUST ACCOMPANY THIS APPLICATION.
- The Service Unit cCoordinator must sign below. This application will be returned, delaying processing, if not completed.
- Each troop attending this encampment has the necessary training needed to go camping.

Service Unit Coordinator's/Appointee's Signature: _____
Date: _____

Service Unit Encampment Troop List

OVERNIGHT TROOPS

Troop #	Level	Leader's Name	Troop Camp Trained Adult	First Aid Trained Adult
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				

DAY TROOPS

Troop #	Level	Leader's Name	Troop Camp Trained Adult	First Aid Trained Adult
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				

Leader's Agreement for Camping

11. To carefully abide by the standards of troop camping as outlined in Safety-Wise and the Troop Camping Information booklet.
12. To plan and carry out troop activities at camp that will assure a positive, well-supervised, and happy experience.
13. To provide a first aid kit for the troop's use at camp and see that one car is in the camp parking lot for emergency purposes.
14. To check In with the Site Director on arrival and departure.
15. To be responsible for leaving the camp and your site in good condition: disposing of all litter and garbage.
16. To inform the troop that the Girls Scouts of Suffolk County, Inc. is not responsible for lost or stolen property.
17. To ensure that alcoholic beverages or illegal drugs are not permitted on camp and that there is no smoking in the presence of the girls at any time or in any building. Smoking areas will be designated by the Site Dir.
18. To inform all parents that cars are permitted in the parking lot only. No cars are permitted at the sites, **DUE TO FIRE AND EMERGENCY REGULATIONS.**
19. To inform parents to be sure to check their daughter in with leader or designee upon arrival and departure.
20. I understand that there is always a possibility of unusual conditions arising at camp:
 - Due to extremely cold conditions, the heating systems in camp buildings may not be able to keep the buildings at an appropriate temperature. Water, cesspool or heating pipes may freeze, and electrical service may be interrupted.
 - Electrical or alarm service may be interrupted during storms.
 - Cesspools may not function properly if plumbing is improperly used.

Should these or any other emergency conditions occur during your stay, your troop may be asked to leave camp. Your cooperation with the Ranger and Site Director is expected and appreciated.

**Arrival times are from 5pm – 7pm on Friday, and 9am – 10am on Saturday morning.
Departure time is no later than 12pm on Sunday.**

Our troop is arriving on (day) _____ Time _____
Our troop is leaving on (day) _____ Time _____

We have read this agreement and the camping procedures of the Troop Camping Guide and agree to abide by all the standards.

Name and Signature of all leaders

Name (please print) _____ Signature _____ Date ___/___/___

Name (please print) _____ Signature _____ Date ___/___/___

Name (please print) _____ Signature _____ Date ___/___/___

Send completed application with deposit of \$24 to:

**Girl Scouts of Suffolk County, Inc.
Camp Edey
1500 Lakeview Ave.**

Day Trips to Camp Edey & Camp Sobaco

Fall or Spring is a beautiful time to be out of doors at either of our beautiful camps during our Fall or Spring Weekend Troop Camping season. You can plan a special activity or go on a nature hike and bring your lunch along for a picnic.

Keep In Mind

- Day trips are available on Troop Camping Weekends.
- To participate, your troop must have a current American Red Cross Certified First Aider.
- Proper Safety Wise adult coverage is required.
- Applications can be obtained by calling the Camping Services Department at 472-1625.
- Arrival time is 10am or 1pm on Saturday.
- Departure Time is 5pm Saturday.
- If you are planning on cooking or having a camp fire, you must have a Troop Camp Certified (T.C.C.) adult with you. Your departure time can be extended to as late as 9pm.

Day Camping Application (Saturdays)

Please fill out the attached roster and return it with your application and be sure to list **all** participants (Adults, Girls and Tagalongs) and return it to: Camp Edey 1500 Lakeview Ave. Bayport, NY 11705

Troop Number _____ Level _____ Service Unit # _____

Leader's Name _____	Co-Leader's Name _____
Address _____	Address _____
Town _____ Zip _____	Town _____ Zip _____
Phone # (____) _____	Phone # (____) _____
Work # (____) _____	Work # (____) _____
Cell # (____) _____	Cell # (____) _____

Name of First Aider _____	*Name of Troop Camp Certified Person _____
Address _____	Address _____
Town _____ Zip _____	Town _____ Zip _____
Phone # (____) _____	Phone # (____) _____
Work # (____) _____	Work # (____) _____
Cell # (____) _____	Cell # (____) _____

Arrival Time: _____ 10am or _____ 1pm
 Departure Time: _____ 5pm or _____ 9pm*

Cost: \$6 per Registered Girl Scout
An \$18 deposit is required with this application and final payment is due one week prior to your trip date.

_____ # of Adults _____ # of Girls _____ # of Tagalongs

*A Troop Camp Certified (T.C.C.) adult is only necessary if you plan on cooking or having a campfire.

Please indicate **THREE** dates that your troop will be available for a Day Trip.

1st Choice	____/____/____	____ Camp Edey	____ Camp Sobaco
2 nd Choice	____/____/____	____ Camp Edey	____ Camp Sobaco
3 rd Choice	____/____/____	____ Camp Edey	____ Camp Sobaco

Leader's Signature _____ Date ____/____/____

GOOD MANNERS

Girl Scouts ALWAYS leave a place cleaner than when they found it. "Pack it in & Pack it out"

Don't leave anything of yours for the next person. "Leave only footprints, take only memories"

CONSERVATION

1. Look at and photograph, NEVER pick or collect.
2. When you reach your destination, take a good look around to discover what plants and animals live there and what you can do to protect their habitat.
 - If you throw chewing gum on the ground, a bird, turtle, or small animal might die from swallowing it.
 - The flip tops and plastic holders of soft drinks can injure small creatures.
 - If you think it would be kind to scatter left over bread or other food for small animals to eat, think again. What additional creatures would be attracted by a temporary food supply? When camping is over, what will happen to animals?
4. Prevent soil erosion by keeping to paths that you find on the site and not clearing fallen leaves from paths and areas.
4. Don't waste wood – burn only what you need and burn it down to ashes.
5. Never cut live trees for fire building on a Girl Scout property.

OUTDOOR SAFETY

1. Check your Volunteer Essentials book to prepare for a safe trip.
2. Adult coverage to be determined by using the chart on the next page. Two adults must be present at all times no matter how small the group.
3. Always use the Buddy System. NEVER GO ANYWHERE ALONE, including adults.
4. Girls are asked to wear sleeved shirts and pants to camp to prevent scratches, cuts and poison ivy. A hat, scarf or bandana should be worn at all times. Socks and closed shoes are a must. To protect against ticks, socks should be worn over the top of pants.
5. Establish a Troop contact person. (Someone who will be available all day to confirm with other parents if children will be delayed or there is an incident to report)

FIRST AID

You must have a signed parental permission form for each girl. Remind parents that they must be able to be reached at all times in case of an emergency.

Make sure to bring updated health forms for each girl. Remind parents to tell you of any known allergies to insects, food or medications and any other medical conditions that might exist.

Troop Basic First Aid Kit:

Check the kit regularly and keep on hand at all times during a camping trip. Make sure Flashlight works. Check expiration dates and replace any used or out-of-date contents. The Red Cross recommends the following are as a basic first aid kit:

- 2 absorbent compress dressings (5 x 9")
- 25 adhesive bandages (assorted sizes)
- 1 adhesive cloth tape (10 yards x 1")
- 5 antibiotic ointment packets (approximately 1 gram)
- 5 antiseptic wipe packets
- Aspirin (81 mg each) or Motrin (similar brand)
- 1 blanket (space blanket)
- 1 breathing barrier (with one-way valve)
- 1 instant cold compress
- 1 flashlight
- 2 pair of nonlatex gloves (size: Large)
- 2 hydrocortisone ointment packets (approximately 1 gram)
- 1 roller bandage (3" wide)
- 1 roller bandage (4" wide)
- 5 sterile gauze pads (3 x 3")
- 5 sterile gauze pads (4 x 4")
- 2 triangle bandages
- 2 - co-flex 2" x 5 yards
- Paper cups
- White index cards
- Scissors
- Tweezers
- Oral thermometer (non-mercury/non-glass)

Always keep:

- Accident/Injury Report Forms
- Completed Girl Health Forms
- Written permission to give any medications
- Family and Emergency Contact list
- First Aid Log (bound note-book, skip no spaces/remove no pages)

Recommended:

- Oral Antihistamine (Benadryl)
- Tampons and/or sanitary napkins
- Water Jel
- Squeeze tube of icing (Diabetic Emergency)

*Trip to the LI Beaches - vinegar (jellyfish stings)

Traditional Troop Camping First Aid Kit:

A first Aid Kit must be on hand at all times. The contents of a first aid kit may vary according to troop level and activities. While using GSSC properties your first aid kit should have everything in the Troop Basic First Aid Kit plus:

- Alcohol-based hand sanitizing gel (travel bottle)
- 12 Alcohol pads
- Anti-bacterial soap (small bar)
- Battery-powered or hand-crank radio (NOAA Weather Radio)
- Cell phones with chargers
- Emergency blanket
- Gel pads for blisters
- Bottle of distilled water
- Irrigation syringe
- Matches (water proof or Flint)
- 6 Moleskins 3 x 6 inches
- Plastic Bag (for disposal of used First Aid Materials)
- 12 Providonel /Iodine prep pads
- 12 Safety pins
- Scott Tape and Ziploc bags (snack or sandwich) – tick removal
- Sit-upons (Ground Insulation)
- Additional 2 Triangular bandages
- Whistle
- First Aid Log (bound note-book, skip no spaces/remove no pages)
- Have our emergency numbers readily available (Police, Fire, GS Ranger)
- Properly labeled prescription medications for individuals (e.g. EpiPen®, Asthma Inhaler)

If camping other than GSSC properties or Wilderness Camping:

- Emergency # (Ambulance, Police, Fire – 911 does not work in all locations)
- Chemical heat packs
- Compass
- Decongestant medication
- Diarrhea Medication
- Duct Tape
- Map(s) of area
- SAM® Splint
- Shelter (e.g. plastic tube shelter, tent)
- Signaling device (e.g. Mirror, whistle)

- Special Environmental Essentials
- Water Bottles
- Water purification and backup
- Zinc Oxide powder

MEDICATION

Medication (over-the-counter or prescription) may be administered only under the following circumstances:

- Written permission is obtained from custodial parent, guardian and physician.
- Medication is in the possession of the first aider.
- Medication is in the original container and administered in the prescribed dosage.
- Please note: Girls are not allowed to give themselves medication.

CONFIDENTIALITY

In all situations involving blood and other bodily fluids, all care must be taken to avoid exposure. Latex/vinyl gloves are to be worn in such situations and proper follow-up procedures are to be observed. See OSHA information.

8 BASIC OUTDOOR SKILLS

Fire Building

1. Select and prepare a fire site.
2. Identify tinder, kindling and fuel.
3. Lay, light, and maintain a Basic "A" fire.
4. Teach girls of Cadette level and above to strike a match the appropriate way.
5. Extinguish a fire and safely leave the site.

Knife Skills

1. Arc of safety (Magic Bubble).
2. Teach the opening, closing and safe use of penknife.
3. Sharpen a knife.
4. Pass a sharp instrument to another.

Camp Sanitation

1. Identify equipment needed for outdoor dishwashing.
2. Follow the steps for sanitizing of dishes.
3. Bathroom cleaning.

Knots

1. Tie and teach a square knot and clove hitch.
2. Know the practical uses for each.
3. Tie a lunch line or for dunk bags.

Outdoor Cooking

1. Prepare a simple one-pot meal.
2. Care for cooking equipment.
3. Choose the right type of fire for your menu.

Outdoor Living

1. Know the rules of the road.
2. Dress appropriately for weather and activity.
3. Identify local poisonous plants and animals.
4. Create and use a Kaper chart.

Emergency Procedure

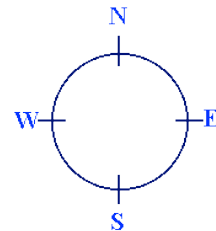
1. Gain prior knowledge of a campsite.
2. Outline emergency procedures to be followed with a group.
3. Administer simple First Aid.

Conservation

1. Take only photos, leave only footprints
2. Rake only to clear fire circle.
3. Stay on established trails.

TENTS AND TARPS

- Always check and clear the ground of rocks, branches and pinecones etc.
- Try not to put your tent uphill, rain water will run down into your tent. .
- Always stake down your tent in windy weather.
- Always open the zipper all the way; this will keep the zipper from breaking when entering and existing.
- Never touch a wet tent or have your gear touching the sides, the moisture will seep into your tent.
- Always clean and sweep out your tent before folding
- Fold your tent neatly and roll the poles in the center to get a tight roll. Then put in storage bag.
- Never put a wet tent or tarp away wet. It must be hung out to dry A.S.A.P.
- Tarps can be used over part of the fire circle so that you can cook in the rain or can be put up for protection from the sun in hot weather



COMPASS SKILLS

Begin with the four basic directions: north, east, south and west. An easy way to help children remember these is to use mnemonic device, such as "Never Eat Soggy Waffles." See how each letter in

the phrase stands for a direction (the "n" in "never" represents "north"), and teach them that the order of the directions in the mnemonic device is the same as the rotation of a clock's hands.

Look at a basic map, and find the compass rose (a one-dimensional representation of a compass typically featured in the corner of a map). The compass rose marks both the four directions and the four intermediary directions (northeast, southeast, southwest and northwest). Provide opportunities to practice intermediary directions on the map.

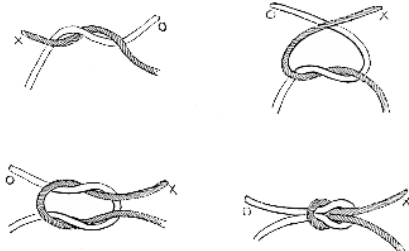
Look at the compass and notice that it will always point to the north. Practice turning your body in different directions and moving the compass to various locations, noting which direction the compass points each time.

Practice finding directions other than north. South is the easiest to find, since it's simply the opposite of north. If you want to go south, you just go the opposite of the way the compass is pointing. To find east, go to the right of the direction the compass points. To find west, go to the left of the compass arrow. You can play a "Which Way?" game in which you take three steps in one particular direction, then three steps in another direction, and so on, ending in a special predetermined location.

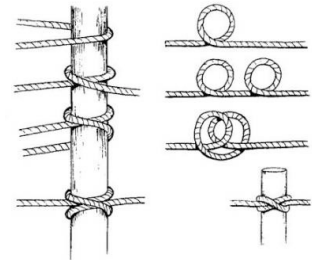
Once you are proficient at reading basic maps and using a simple compass, you can combine the two skills and begin using the compass to get from one location to another. This can be done by creating imaginary treasure hunts or embarking on trips to "mystery destinations" in the car, or through other fun practice games.

KNOTS

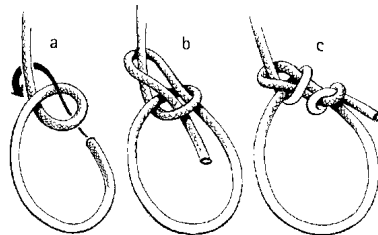
Square Knot



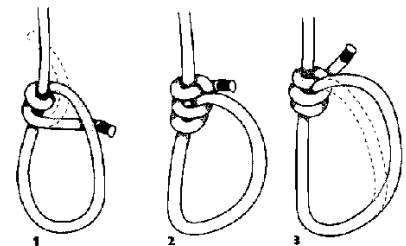
Clove Hitch Knot



Bowline Knot



Taut-Line Hitch Knot



KNIFE SAFETY AND HANDLING

Knife Safety:

- Sharp knives are safer than dull knives. A dull knife will cause a person to press and push harder which can lead to an accident.
- Always clean a knife after each use. It may become dull and difficult to open if left dirty.
- Oil all moving parts when needed.
- Sharpen with a sharpening stone when necessary.



Knife Handling:

- Establish an invisible circle around your body when working with a knife. With a closed knife, extend your arms until it is parallel with the ground. Move your arms all around your body to form the invisible circle. No one is allowed in your invisible circle while you are working with a knife.
- To Open: hold firmly with one hand, open the knife all the way with the other hand until it locks into position
- To Close: Hold the handle with one hand, making sure the fingers are below the slot, hold onto the blade from the dull edge and push it back into the slot in the handle.
- Always cut away from your body
- Never walk around with an open knife
- Always close the knife before passing it to another person, or hold the blade from the dull side with the sharp side towards the ground and pass the handle to the other person
- When using a knife, do not push your thumb onto the blade, it might cause the blade to close.

PERSONAL EQUIPMENT CHECKLIST

Select clothing based on the weather and location of your trip. Utilize the checklist below for packing.

Sleeping Gear

- Bedroll or sleeping bag (No slumber bags)
- Plastic ground cover for bedding
- Duffel bag for carrying personal equipment (No Suitcases)
- Extra Blanket or sheet
- Sleeping Pad (No air mattresses)
- Small Pillow (Optional)
- One small cuddly (Optional)

Clothing

- Pants*
- Shirts *
- Sweat pants and sweat shirt for sleeping
- Sweaters and sweat shirts - several lightweight sweaters are warmer than one heavy layer.
- Underwear *
- Socks *
- Thermal underwear (depending on the weather)
- Sneakers, hiking boots
- Jacket - weight depends on season and weather
- Gloves
- Hat - for sun and/or warmth, day or night depending on conditions.

_____ Rain gear - waterproof raincoat or poncho, boots and hat.
Eating Gear

- _____ Mess kit that includes silverware, plate bowl and cup
- _____ Canteen or water bottle
- _____ Dunk Bag (Nylon mesh for dishes)

Toiletries

- _____ Personal hygiene items: soap, shampoo, towel, wash-cloth, tissues, comb, brush, toothbrush, toothpaste, deodorant and sanitary items. (Pack items in a Quart size zip lock bag)

Miscellaneous

- _____ Flashlight & Extra Batteries
- _____ Prescribed medication (should be placed in the first aid kit and administered by First aider)
- _____ Sit upon
- _____ Laundry bag
- _____ 4 large plastic garbage bags (can be used for rain gear, ground cloth or packing sleeping bag or gear in the rain)

*Bring enough changes for each day of your trip plus one extra set for “emergencies”.

All personal equipment (other than sleeping bag) must be contained in a duffel, backpack, or bed roll. All equipment should be labeled and each girl MUST be able to carry her own gear. The Girl Scouts of Suffolk County is NOT responsible for personal property.

THE BEDROLL

The blanket bedroll is easy to make and is good for overnights and sleep-outs away from the campsite. It is handy when you head for your site in a car, but hard to carry on longer trips or when backpacking. Inexpensive lightweight sleeping bags are practical and take much less room. Most come with their own “stuff bag”. Try out your sleeping bag or bedroll before you go camping to be sure that it is warm enough.

This is how make a bedroll with three blankets:

1. Place ground cloth flat on ground. It should be 30 inches longer than blanket. Place first blanket down center of ground cloth.
2. Place second blanket down center of first blanket.
3. Place third blanket on top of first, covering halfway second blanket.
4. Take sheet and fold it in half. Place on third blanket open edges down center of the blanket.
5. Fold uncovered part of third blanket over sheet. Then fold the half of the second blanket over it. Then fold the half of the first blanket over that.
6. You can roll some of your clothes and equipment in a bedroll. Lay them on top of the blanket. Then fold the half of the ground cloth over the blanket.

7. Tuck in ends and roll from bottom to top.

8. Tie with two half hitches.

If you are cold at night, put extra bedding, tarp, plastic or even newspaper under you.

TROOP EQUIPMENT LIST

FIRES:

*1 Hibachi grill	waterproof matches
*2 water buckets	fire starters
*1 ash shovel	charcoal
*Wood grill	*1 ash Bucket
*Fire ring	*1 fire extinguisher
*1 small wire brush for cleaning grills	

COOKING:

pots, frying pans and covers	griddle or cookie sheet
mixing bowls	pitchers

UTILITY SET:

Lg. slicing knife	egg turner
Lg. fork	spatula
Lg. stirring spoon	ladle
Lg. slotted spoon	tongs
wooden spoons	rubber spatula
serving spoons	carrot peeler
can openers (2kinds)	paring knife
pot holders	cutting board
strainer or colander	apple corer
containers for leftovers	

CLEANUP:

Scouring powder	2 dish pans
garbage bags	dish and hand soap
disinfectant	paper towels; toilet paper
pot scrubber	paper napkins
hand washing set-up	plastic or rubber gloves

OTHER ITEMS:

Lengh of rope clothesline	first aid kit; sewing kit
water containers	coolers & ice
work gloves (2sets)	program box & supplies
*cart	* broom

* These items are supplied to you at camp. You can also get items from parent donations. REMEMBER: All items should be unbreakable!

Rule of thumb for buying charcoal: 5lbs. per patrol per meal.

Each site includes a platform for the use of propane stove only. You may also bring a small electric coffee pot and your cell phone charger. No other electrical equipment is permitted.

HINTS FOR A SUCCESSFUL GIRL SCOUT CAMPING TRIP

HINTS FOR SMART PACKING

1. NO SUITCASES, GLASS OR AEROSOL SPRAYS. NO RADIOS.
2. Wear clothing in layers for more warmth.
3. Always change at night.
4. Leave sleeping bag rolled until just before going to bed.
5. Pack clothes "by the day" in plastic Zip lock bags.
6. Pack batteries in flashlight upside-down, to protect batteries before your trip.
7. Use trial sizes of toiletries or wet-wipes instead of hand towels when possible to save space.

HINTS FOR A HAPPY CAMP OUT

1. Secure permission for use of site.
2. Visit campsite before trip to get acquainted with facilities, terrain, equipment, activity options.
3. Secure parental permission and health data.
4. All medications must be given to your First Aider.
5. Read Safety Guidelines and Site Manual.
6. All vehicles must be parked facing out.
7. Be sure clothing and gear are marked with each girl's name.
8. Roll clothes into plastic bags to protect from dampness.
9. Use Buddy System for safety.
10. Remember your first aid kit.

HINTS FOR SOUND SLEEPING

1. Obey curfew quiet hour rules of campground. If none, set own, day 10pm to 7am. Bring a clock!
2. Do not unroll sleeping bag until bedtime.
3. Use flannel sheet inside to keep sleeping bag cleaner and warmer.
4. In cold weather put extra blanket inside sleeping bag.
5. Never sleep in clothes that have been worn during the day.
6. Sleep warmer with fresh socks and hat.
7. Keep all gear together inside tent.
8. Sweat pants and sweat shirt are recommended for sleeping.

HINTS ON EQUIPMENT

1. Keep all equipment clean.
2. A sharp knife and saw is a safer knife or saw.
3. Improvise, invent and create own equipment.

HINTS FOR HAPPY COOKING

1. Consider dietary restrictions when planning menus. Bring needed pots.
2. Take along directions for cooking.
3. Plan menus from non-perishable foods from grocery shelves, or bring ice.
4. Cook over coals for even heat.
5. Soap pots on outside before putting on open fires.
6. Keep fires small and always have two pails of water by the fire.
7. Long hair must be tied back when near fire.
8. Avoid burning food, remove from fire when done and serve immediately.
9. Avoid nylon jackets or scarves by fire.

OUTDOOR PATROL RESPONSIBILITIES

Each patrol member carries a specific responsibility, either alone or with someone else. Responsibilities are divided as follows, and are determined by the patrol after discussion of jobs to be done.

PATROL LEADER is the elected leader of the patrol and her continuing responsibility is to:

1. Help the patrol become a vital part of the troop and camp.
2. Conduct patrol meetings and represent her patrol at troop meetings where she reports on patrol progress and activities, gets needed assistance and shares ideas with other patrol leaders.
3. Assign duties to members and see that they are carried out.
4. Consult with adult leader for special help on plans and problems, keep her up to date, let her know how and where she can help; inform patrol members of what is going on.
5. Help patrol organize to get jobs done.

ASSISTANT PATROL LEADER is the “right hand” of the patrol leader and is elected by the members to:

1. Help patrol with camp keeping so that mechanics of living run smoothly; make Kaper Charts and be sure each patrol member knows their job responsibilities; guide patrol in setting up camp, settling in and breaking camp; assume responsibility for the site at camp, make sure patrol does a good turn for the out-of-doors before leaving; keep bulletin board up-to-date with daily program plan, kaper chart, thought for the day.
2. Take over patrol leader’s job on her absence.

COMMISSARY is in charge of food planning and storage:

1. Posts menus.
2. Arranges for storage.

EQUIPMENT is in charge of patrol equipment:

1. Make check list of all equipment at site. Recheck at close of camp and report any missing or extra items to patrol leader.
2. Responsible for seeing that any equipment borrowed by patrol is returned.

HEALTH AND SAFETY is in charge of health and safety of patrol:

1. Alerts patrol to good health and safety practices.
2. Makes sure patrol practices the Buddy System.

EMERGENCY PREPARATION is in charge of patrol preparedness:

1. Ensures patrol members know procedures in case of fire, storms, accident, evacuation or lost persons.

2. On outings, predicts daily weather and is alert to changing conditions.
3. If pitching tents, sees that they are pitched properly, taken down carefully, cleaned and rolled or folded neatly with poles and pegs.

RECORDER is in charge of all patrol records:

1. Keeps log up-date. (Diary of patrol activities)

SANITATION is in charge of the cleanliness and neatness of patrol site at the camp:

1. Sees that inventory is kept and left clean and equipped.
2. Makes sure sanitary methods are used for dishwashing, disposal of water and garbage, purification of water.

CONSERVATIONIST is in charge of preservation of natural beauty:













1. Safeguards natural beauty of camping sites.
2. Serves as resource in identification of wildlife and plants.
3. Seeks out and supervises patrol's good turn.



KAPER CHARTS

The jobs that need to be done while camping, such as cooking, setting the table and cleaning up are called Kapers and are listed on a Kaper chart. The Kaper chart is usually drawn up before the camping trip so that everyone knows which jobs need to be done and who will do them.

The easiest way to divide up the camp jobs is for the troop/group to work together as patrols, in pairs, or in committees. Jobs can be rotated among the patrols so that everyone has a chance to do each of the different jobs.

Your group's Kaper chart could look like this:

	Saturday Breakfast	Saturday Lunch	Saturday Dinner	Sunday Breakfast
COOKS				
FIRESTARTERS				
HOSTESSES				

CLEAN UP				
-----------------	---	---	--	---

- Key: Star Patrol 
- Busy Bee Patrol 
- Silly Spiders Patrol 
- Lazy Turtles 

JOB DESCRIPTIONS FOR OUTDOOR COOKING KAPERS

COOKS

- Read menu and plan when each dish is to be started.
- Pots to be used over open fire should be soaped on the outside of the bottom and side.
- Collect groceries needed.
- WASH HANDS!**
- Prepare and cook food.
- Clean up as you work-soak utensils.
- Put all trash and garbage in proper containers.
- Heat water for dishwashing.

FIRE BUILDERS

- Clear fire circle area.
- Fill water bucket.
- Gather fuel (wood or charcoal) needed for meal.
- Build fire.
- Tend and maintain fire.
- Put out fire.*
- Clean Fire Circle.
- Store wood or charcoal.

CLEANUP

- Check as each girl scrapes, wipes and washes her own dishes.
- Wash all pot and pans.
- Put everything away.
- Wash leader's dishes.
- Dispose of dish water properly.
- Dispose of trash properly.
- Repack or cover clean dishes.

HOSTESSES

Set table.

Make centerpiece (do not pick living things).

Pour beverage.

Choose, teach and lead grace.

Invite leaders and adult guests and serve them first.

Replenish water as needed for cooking and dishwashing.

- * To put out a charcoal fire: shovel the hot coals into ash bucket filled with 2-5 inches of water.
NEVER pour water on the shepherd.

You need: a garbage bag, a spatula or paper towel, 3 dish pans, dish soap, dunk bags and bleach water.

Step 1: Scrape dishes clean into garbage bag. A rubber spatula or paper towels work well for this job

Step 2: Wash dishes in warm soapy water in one dishpan

Step 3: Rinse dishes in cold to warm water, in second dish pan.

Step 4: Place dishes in dunk bag

Step 5: Sanitize dishes in third dish pan by immersing in bleach water. (Ratio: 1oz bleach to 4 gals. of water for 1 minute).

Step 6: Hang dunk bag on clothesline to dry.

FIREBUILDING AND SAFETY

Safety:

- ✓ Always make sure that there are two filled water buckets before lighting a fire
- ✓ Remove all debris from the fire circle (Leaves and twigs) and make sure that there are no branches hanging over your fire.
- ✓ All hair should be tied back and away from flames
- ✓ Tuck in all strings ties that are hanging from clothing
- ✓ Baggy clothing (sleeves) should be pushed up
- ✓ Only designated persons should be in the fire circle (Troop Camp Certifies person, cooks and fire builders.)
- ✓ Always build your fire in the fire ring inside the fire circle
- ✓ Troop Camp Certified person should never leave a fire unattended.
- ✓ Your fire should never be higher than your knee.

Hints:

- ✓ Nylon jackets are flammable
- ✓ Synthetic clothing and gloves do not burn- they melt to your skin
- ✓ A fire must always be in the fire circle. This includes propane stoves, propane lanterns and candles.
- ✓ Ground fires should only be used where and when permitted. Always check with camp or park authorities for current rules and regulations.

TYPES OF WOOD

Tinder – small pieces of dry natural material that will burn as soon as it is lit. Examples would be small twigs, bark, shavings. Remember, nothing thicker than a match. Tinder gets the fire going.

Kindling – pieces of dry wood larger than tinder and about as thick as your thumb. Kindling will catch fire fairly quickly. Kindling should be about 10 to 12 inches in length. Kindling lights the fuel logs.

Fuel – larger pieces of wood. Fuel should be about 10 to 12 inches long and anything larger than kindling. Fuel keeps the fire going.

FIRE STARTERS

Melt wax by using an old crock pot or double boiler. The wax is ready when you can dip a ladle in and out of the crock pot and the wax forms a clear film on the ladle.

Types of Fire starters:

Egg Carton – fill cardboard egg carton sections about half way with sawdust or wood shavings. Pour melted paraffin or wax on top of shavings of each egg section. When hard and dry, break off individual sections to use to start your fire.

Trench Candles – Take 3 full sheets of newspaper and tear off 8-6 strips approximately 3 to 4 inches wide. Roll up the strips from the short end and tie with approximately 10 inch long around the middle of the roll so you have a long string to hold while dipping the rolled newspaper into the hot wax.

EMERGENCY FUEL

Charcoal Fire Starters

A) Trench Candles:

1. Take 3 full sheets of newspaper
2. Fold newspaper in half and tear off 3 to 4 strips approximately 3"-4" wide.
3. Roll up strips from fold down and tie string approximately 10" around middle of roll so you have a long end for dipping.
4. Dip rolls in melted paraffin (household wax) and dry on newspaper.

B) Egg Cartons:

1. Fill cardboard egg carton "cups" with sawdust.
2. Pour melted paraffin into each cup. (Use a "hot" cup to dip in wax and pour into carton, make sure wax is very hot so that it will soak through carton).
3. When hard and dry break off individual cups to use to start fires.

C) "Candy Kisses":

1. Take Small chunks of wax or old candles.
2. Wrap each chunk in 4 very thick squares of wax paper (approx. 6"x6")
3. Twist each end to look like "hard" candy wrapper

WATERPROOFING MATCHES

Melt wax by using an old crock pot or double boiler. Dip striking end of wood match in melted wax. Lay them on wax paper to dry or stick them in the center holes of a piece of corrugated cardboard. Store in a water tight container along with a piece of the striking card. Place the striking card in a folded piece of paper or index card as a buffer between it and the matches.

HOW TO PUT OUT A FIRE

- Separate or stir the coals/wood and sprinkle with handfuls of water until the fire is out. NEVER throw water from the bucket onto a fire. It will spurt up hot steam and smoke!
- Using the ash shovel, scoop up the coals/ashes and place in the ash bucket that has about 3 inches of water.
- Add more water as necessary, coals must be cold.
- When the ash bucket is full, empty the ash bucket in the ash pit. Ash pits are located in the Parking lot at Camp Sobaco and behind the Welcome Center at Camp Edey.
- Check with authorities as to where the ash pit is at other locations.
- If a partially burned log remains, sprinkle it heavily with water and then place in the ash bucket.
- All fire circles must be cleaned out before leaving camp and all ash buckets etc. must be emptied and rinsed out before returning.

HIBACHIS & GRILLS

A charcoal fire is used in hibachis and grills. Place 3 or 4 fire starters into the unit. Pile about 10 pieces of charcoal on top. Light the fire starters and within about 15-20 minutes the charcoal will be gray--it is now lit. Spread the coals out using tongs and add more charcoal. Within another 15 to 20 minutes your fire should be ready for cooking. Always use the wire brush to clean the grills after cooking. Never pour water into the Hibachis or charcoal grills.

Remember, you cannot use Match Light or any kind of liquid fire starters.

HOW TO BUILD A BASIC A-FRAME FIRE

- Always build your fire in the fire ring inside the fire circle at camp.
- Using kindling, build an A-Frame in the fire ring that is in the fire circle.
- Build up tinder onto one crossbar of the A-Frame.
- Light the tinder; add more tinder as needed to get the fire going.
- Add more kindling. Once kindling is burning, fuel logs can be added.
- Leave enough space between logs so the fire can burn easily.

CAMPING TERMS FOR COOKOUTS

Nosebag meal: a meal in a paper bag brought to camp

Pocket meal: a complete meal wrapped in heavy duty foil and cooked on coals.

Stick cooking: parts of a meal cooked on green sticks (ex. Hot Dogs, marshmallows)

Green Stick: a stick that has been cut from a tree. It is still alive and is bendable. (Remember you may not cut any live sticks from trees at camp. You must bring them from home.)

Dutch Oven: a heavy cast iron pot with lid used to cook meals on coals.

One Pot Meal: a complete meal cooked in one pot (ex. Chili, campfire stew).

Reflector Oven: a device that reflects heat to cook food.

Buddy Burner: a small cooking device made from a #10 can, a tuna can, some corrugated cardboard and melted wax.

Box Oven: an oven made from a heavy cardboard box and heavy duty foil.

PROGRESSION IN OUTDOOR COOKING

Always start the girls with easy to cook meals, like one pot meals or pocket meals. Once they have mastered this, they are ready to move on to more complicated cooking methods.

Things to think about before planning a meal:

- How much time will you have to prepare, cook, eat and clean up?
- Do any of the girls or leaders have food allergies?
- How much food will you have to bring?
- How many meals will you cook?
- Who will shop for the food?
- How much will it cost?
- How will you store the food so it is safe from small animals?
- Has your troop planned a balanced meal?

FOOD MEASURES AND AMOUNTS

3 teaspoons	equals	1 tablespoon	#1 can equals 1½ cups
16 tablespoons	equals	1 cup	#2 can equals 2½ cups
2 cups	equals	1 pint	#2½ can equals 3½ cups
2 pints	equals	1 quart	#3 can equals 4 cups
2 quarts	equals	½ gallon	#5 can equals 8 cups
4 quarts	equals	1 gallon	#10 can equals 13½ cups

Bread	1lb. has 20-22 slices
Cereal	18oz. flakes yield 18-20, 1 cup servings
Oatmeal (cooked)	18oz. yield 12-14, ¾ cup servings
Graham crackers	1lb. equals 65 crackers, 32-35 servings
Saltine crackers	1lb. equals 130 squares, 32 servings (4 each)
Cheese, American	12 oz. equals 12-16 slices
Cheese, cottage	1lb. equals 2 cups, 6-8 servings
Milk, evaporated	14½ oz. makes 3½ cups whole milk
Milk, powered	1lb. equals 5 quarts, 20 servings
Margarine	1lb. equals 2 cups, 48 servings
Shortening	1lb. equals 2 ½ cups
Flour, all purpose	1lb. equals 4 cups
Juice, frozen concentrate	6oz. equals 3 cups, 6 (½ cup) servings
Juice, canned	46oz. equals 5¾ cups, 11 (½ cup) servings
Coffee, ground	1lb. equals 5½ cups, 38 servings
Coffee, instant	2oz. jar equals 50 teaspoons
Apples	1lb. equals 3 medium
Bananas	1lb. equals 3 medium
Oranges	1lb. equals 2 medium
Bacon	1lb. equals 20-24 slices
Ground beef	¼lb. per person
Frankfurters	1lb. equals 8-10
Ham	1lb. equals 4-6 servings
Fish	1lb. equals 2 servings
Tuna, canned	6½oz. equals 4 servings
Peanut butter	18oz. equals 2 cups, 8-10 table servings
Macaroni	1lb. eq. 4cps unc., 8cps cook, 14-16 servings
Noodles	1lb. eq. 6cps unc., 8cps cook, 14-16 servings
Spaghetti	1lb. eq. 4cps unc., 8cps cook, 14-16 servings
Sugar, granulated	1lb. equals 2½ cups
Pancake syrup	1pt. equals 2 cups, 16 (2 tables) servings
Carrots	1lb. equals 6-8 medium
Potatoes	1lb. equals 3 medium, 3 servings
Tomatoes	1lb. equals 3-4 medium, 5-8 servings
Potato chips	1lb. equals 16 servings
Marshmallows	1lb. equals 64 servings

SOME RECIPES FOR OUTDOOR COOKING

Breakfast

Fresh Toast

1½ cups milk

½ tsp. Salt

6 eggs

24 slices of bread

Mix together milk, salt and eggs

dip bread in mix and fry on griddle

on both sides.

Dough Boy

biscuit roll, cinnamon, sugar, melted butter

From one biscuit, put 3 little balls on

sticks over embers. When done, roll in

butter and then in cinnamon and sugar.

Use green (live sticks)

Pancakes

8 cups flour, 8 cups milk, 8 eggs 3tsp. salt, 12tsp. baking powder, 4tb. Sugar, 1 cup oil.

Mix ingredients together and pour on to skillet. Watch for bubbles on pancakes and then turn over. |

Cornbread in an Orange

Cut orange in half and eat inside of orange leaving the skin intact. Mix cornbread mix and fill orange skin about half way up with mix. Put on embers of a charcoal fire which has burned down awhile.

Egg in a Nest

1 slice bread, 1 egg, salt and pepper.

In a buttered skillet, toast slice of bread to golden brown on one side. Tear out the center of the bread leaving a 2" hole. Place the bread back down on the skillet, untoasted side down. In the hole drop a raw egg. Sprinkle with salt and pepper. Cook until the egg is fried to desired tenderness.

Breakfast Taco

1 box (6 oz.) hash browns, 8oz cheese, 8 eggs, 16 flour tortillas or pita bread, oil or butter, salt and pepper.

Follow directions for cooking hash browns. Scramble eggs and add to hashbrowns when they have started to brown. Add salt and pepper to taste and cook until done. Add Cheese. Place on heated tortillas or pita bread. Serves 8.

Grilled Fruit

1 can peaches, 1 can pears or other fruit. 1 can pineapple, 4 tablespoon brown sugar, 3 tbs. butter or margarine, 12 slices toast

Heat butter in skillet, add brown sugar. Drain fruit and add to skillet and heat thoroughly.

Lunch

Hot Dog on a Stick

1 dozen hot dogs, 12 slices of bacon,

1 dozen rolls

½ lb. cheese

relish, mustard and catsup

Slit hot dog lengthwise $\frac{3}{4}$ way through. Fill with relish or cheese. Wrap with bacon. Spear with live stick.

Cook over hot coals. Serve on rolls.

Taco Burgers

Brown ground beef, peppers and onions add tomato sauce and seasonings. Simmer till tender. On roll, spoon on meat sauce and top with shredded cheddar cheese.

Macaroni & Cheese

Cook macaroni till slightly under done-drain and set aside. In large pan heat milk, add cheese then macaroni stirring often till cheese melts - keep covered when not stirring.

English Muffin Pizza

English muffins, tomato sauce, grated mozzarella cheese. You will need a box oven to cook. Split open English Muffin. Cover each piece with sauce and sprinkle with cheese. Place onto a pan or cookie sheet and cook in a box oven.

Sloppy Joes

Brown ground beef onions and celery. Add enough ketchup to make a moist mixture. Serve on rolls.

Pigs and Blankets on a Stick

Slice about $\frac{1}{2}$ way through the length of a hot dog. Stuff with $\frac{1}{4}$ slice of cheese. Roll biscuit dough into a snake about $\frac{1}{2}$ " in diameter. Coil around the entire hot dog which has been skewered on a stick. Toast over fire till golden brown.

Savory Beans

12 hot dogs, slice hot dogs into chunks, 2 cans baked beans (1lb. size), 1 can whole kernel corn, 1 medium onion, chopped.

Put all ingredients in pot, simmer

slowly for 30 minutes until onions are done. Corn may be omitted and beans

Increased to three cans.

Dinner

*All chicken and chop meat should be pre-cooked prior to coming to camp.

Pioneer Drumsticks (8)

2lbs. chopped beef
1 cup cornflakes crushed
2 eggs
16 rolls or slices of bread
salt, pepper, onion - if desired

Mix beef, seasonings,
eggs, and cornflakes
together thoroughly.

Makes 16 portions. Wrap a
portion around end of LIVE
stick making it long and
thin. Squeeze in place
evenly. Cook over coals,
turn frequently.

Hot Dog Kabobs

A live stick, peeled hot dogs in chunks, pineapple cubes, onions, tomatoes, canned potatoes, peppers,
Alternate different ingredients on peeled live stick. Cook over coals 10 -15 minutes

Chicken, Rice, and Corn

Soak corn in husks in water (1 hour)
Bar-b-que chicken over hot fire
Baste with sauce from kitchen as cooking
Concentrate coals using metal ring to boil rice. Cover and simmer for 15 minutes.
Lay soaked corn on fire, close to coals for 10-15 minutes.
Make a tossed salad or fruit for dessert.

Chicken in Garden

Individual picket stews in heavy duty foil; ¼ piece chicken, quartered raw potato, raw carrot, and one
raw onion. Wrap so no juice can leak out. Cook over hot coals. Turn.

Chicken Cow Mein

Simmer chickens cool chickens, save broth. Bone chickens, coarsely chop onions and celery. Add to
broth. Add chicken simmer till vegetables are tender. Add bean spouts. Moisten corn starch with ice
cold water, add hot broth to paste slowly then add hot mixture. Stir till thickened.

Poor Man's Stroganoff

Brown ground beef, onions and peppers add enough water to almost cover mixture and 3tb. soup base
or 9 bouillon cubes, simmer till tender (15-20 minutes) add 32oz. plain yogurt. Add drained, slightly
undercooked spaghetti of noodles. Simmer till done,

Biscuit Dough

12c flour
6tb baking powder
6tsp salt
2c shortening
1½ c milk

Mix dry ingredients, add shortening. Add most of milk. Add more milk as needed to make a soft but not too sticky dough. Knead gently 10-12 times.

Spaghetti Sauce

1 #10 can tomato sauce

3 onions (chopped)

8 cloves garlic (chopped)

Spices

25 hamburgers (broken up)

Brown burgers broken up. Brown onions and garlic. Add tomato sauce and slices. Simmer cook spaghetti till slightly under done. Drain and simmer in sauce till done.

French Bread Pizza

Toast top of bread slightly - spread surface with tomato sauce cover with shredded cheese. Wrap in foil - foil should not touch the cheese - heat until cheese melts. Approximately 10 minutes.

Spanish Rice

Brown ground beef onions and peppers add tomato sauce, and 2 tb. Worcestershire sauce, rice and simmer till most of the liquid is absorbed. (Sprinkle with shredded cheddar - optional).

DESSERTS FOR COOKOUTS

Tin Can Cake

1 can pie filling (fruit type), 1 package cake mix

Empty pie filling into #10 can. Prepare mix directed on package; pour over fruit. Cover can tightly with aluminum foil and place in coals. Test for doneness with fork in usual manner. Suggested combinations:

Cherry - Chocolate cake

Peach - Yellow cake

Apple - Ginger Bread

Doughnut Delights

Cut doughnuts in half and spread with jelly or marmalade. Place on grill over coals or low fire until hot, about 10 minutes.

Banana Boats

Peel back one section of banana skin. Scoop out some of the banana and fill with chocolate bits, raisins or chocolate candy bar and small marshmallows. Press them down slightly into the banana. Replace skin to cover the opening or banana may be wrapped in foil. Place on grill over coals or low fire for 10-15 minutes. Eat right out of the skin.

Peach Yums

Place half a canned or fresh peach on a sheet of aluminum foil. Put large marshmallow in center. Fold and wrap foil, sealing tightly. Bake on grill over coals or low fire for 5-10n minutes, turning once. Serve hot. Eat it out of the foil with a spoon.

S'mores

Marshmallow, large gram crackers and chocolate candy bars. Make a sandwich of a piece of chocolate, two crackers and toasted marshmallow.

Baked Apples

Place cored apples on a sheet of aluminum foil. Fill cavity with a mixture of sugar, raisins or nuts. Gather foil up over top and twist together. Bake on grill over low fire for 30-40 minutes, turning several times/ Or foil may be folded over top of apple in drug store wrap, then apple baked in coals for about minutes.

Apple Delight

12 large apples
4 tbsp. sugar
¾ cup Bisquick
½ cup raisins
3 Tbs. cinnamon

Core and chop apples. In large pieces, mix rest of ingredients. Wrap in greased tin foil servings, leaving space for steam. Cook over embers 30-40 minutes.

ONE POT MEALS

Into a large pot put:

- 2lbs. hamburger
- 1 medium onion
- 1 medium green pepper, chopped (optional)

Cook until meat is browned, then add salt and pepper to taste. Choose the dish you prefer and add its ingredients.

Campers Stew

2 cans of vegetable soup
6 oz. grated cheese (optional)

Hungarian Hot Pot

2 cans of pork and beans
1lb. size

Squaw Corn

2 cans tomato soup
2 cans corn, cream style

Italian Chop Suey

2 cans spaghetti
in tomato sauce
1lb. size
4 oz. grated cheese (optional)

Chili

2 cans kidney beans
2 cans tomato soup
chili powder

Spanish Rice

2 boxes Minute rice
2 cans tomato soup
3½ soup cans of water

Simmer slowly for 20-30 minutes stirring occasionally until thick enough to serve.

PROGRAM IDEAS

Daytime Ideas:

- Plan and do a Scouts Own Ceremony
- Do a wide game
- Go for a hike
- Work on a badge
- Prepare a meal
- Learn First Aid
- Find plants with different leaf shapes
- Sketch something in nature
- Play a game of basketball volleyball
- Make a sundial
- Hold a practice fire drill
- Fly a kite
- Make rubbings of things with interesting textures

Nighttime Ideas

- Plan a program with a small campfire
- Create shadow figures
- Look for insects attracted to light
- Go for a night hike
- Look for constellations and tell stories about the stars
- Have a night watch and record the things seen and heard during the night

Rainy Day Ideas:

- Go for a rain hike
- Have a puppet show using available materials (socks, mittens, etc.)
- Play board games
- Learn Knots

Always let the girls plan the activities for camping. Be sure to plan for rainy days by bringing extra supplies. Allow for free time during the day. Sports equipment is available at both camps for troop to borrow. Both camps have nature trails, GaGa, aerobics trails, mini golf, volley ball and basketball courts. *Sports equipment must be requested prior to your trip.*

CAMPFIRE PROGRAMS

Memories of campfires are often the most cherished ones of a campout. Being around a fire in the dark seems to make everything just a little more special and treasured. Many facets of recreation and programs can be incorporated into a campfire.

Suggestions:

Open your campfire with a discussion of what it means to sit around a fire together, such as:

F is for Friendship, I is for Inspiration, R is for Respect and E is for Enthusiasm

A Skit – Have girls prepare a skit to be performed around the campfire, it can be silly or serious.

A Ceremony – Plan a ceremony around the campfire. In fall, girls can plan their rededication ceremony.

Stories – Have the girls tell or read stories. Scary stories are always fun but should be audience and age appropriate, especially right before bed.

Save the Ashes – At the end of a camping trip, have each girl save ashes from the campfire in a film canister and document the date and place of the fire. The next time you are camping, add the ashes to the new campfire. At the end, collect the ashes again and add the date and place to the documentation. Years from now it will be fun to see how many campfire ashes have been collected.

Songs – Singing a song around the campfire is always fun.

WHAT IS A SCOUT'S OWN?

A Scout's own is a quiet, inspirational ceremony that has a theme and is preplanned by girls and leaders. It may be held on any day, at any time, in any place. A Scout's Own does not have an audience; it is the spirit of a shared moment among the girls in the group.

Steps to a successful Scout's Own

- Discuss the purpose and meaning of a Scout's Own. Ask the girls to describe what they see as the reason for having this ceremony. How can this Girl Scout tradition be incorporated into the camping trip?
- Choose a theme. The girls should select an inspirational and meaningful theme. Environmental concerns, wildflowers, endangered animals, sunrises, the seasons or the enjoyment of camping are just a few of the possibilities that could be the basis to a special Scout's Own.
- Select good resource materials. The girls can communicate their theme through songs, poetry, pantomime, or inspirational quotes. Making books available to them will help them find just what they need. Remind them that sometimes a few words can be more moving than many.
- Decide on an agenda. They should write down how the ceremony will flow and what will be said or read and when. This way everyone will know what is going to happen and in what order.
- Decide who will perform each section. Once the material is chosen and the agenda is set, the girls need to know who will read or sing each part. If a girl is uncomfortable with her part, someone else can present her thoughts for her.
- Rehearse. Each girl should have time to rehearse what she wants to say, read or sing. This will be helpful when the ceremony is in progress so that everyone is prepared.
- Time to conduct the ceremony! A Scout's Own is a quiet and respectful ceremony. Everyone should be encouraged to be quiet when entering and exiting the Scout's own.

Some suggestions for a Scout's Own:

- Have each girl write a wish on a piece of paper. Her wish can be added to the campfire to become part of the smoke that rises above them.
- A ceremonial burning of an old and worn US flag.
- The girls can exchange small handmade gifts that have special meaning, such as swaps.
- The girls can write their own songs, poems or thoughts to be part of the ceremony.

OUTDOOR FLAG CEREMONY

1. Practice raising the flag several times before doing this in front of a group.
2. When fastening the flag to a flagpole, be sure all clips on the rope are down and ready to be used. Guards take their places, standing some distance from the pole, holding properly folded flags, while others take their places in horseshoe formation.
3. Following the same commands given for an indoor ceremony, the color bearer carries a folded American flag, hands it to the color guard, and loosens the rope.
4. She then attaches the top of the flag to the first clip, and begins unfolding the flag until the second corner is free. She attaches the second corner.
5. As the flag is raised, it should be unfolded. The flag is then raised briskly.
6. The rope is secured and the guard steps back into place. The saluting of the flag and the Pledge of Allegiance occur here.
7. To retire the colors, the same commands are given. The color bearer unties the rope and lowers the flag smoothly and slowly. The guard in back and to her left steps forward and catches the flag as it is lowered so it will not touch the ground. She passes it back to the other three guards, with blue field toward the flagpole.
8. The bearer unhooks the flag, fastens the rope to the pole, and steps back into place at attention. The other guards fold the flag properly into a triangle. During this entire procedure, Girl Scouts in the formation give the full salute as soon as the color bearer begins to lower the flag and hold it until the hooks have been removed from the flag.
9. After the flag is folded, the guard hands it to the bearer, who holds it with the point away from her. The Girl Scout caller says "Color guard, dismissed," then "Girl Scouts, dismissed."

The display of our American Flag is governed by law to ensure that it will be treated with the respect due the flag of a great nation. This is known as the Flag Code. Some of the rules most useful for Girl Scouts are:

- The American Flag should be placed in the center and higher, when displayed with a group of state, local, or organizational flags flown from staffs. It may also be positioned to the right of other flags (if you were to hold the flag while facing your audience, your right side would be the flag's own right). "When displayed from a staff in a church or public auditorium, the flag of the United States of America should hold the position of superior prominence, in advance of the audience, and in the position of honor at the clergyman's or speaker's right as he faces the audience. Any other flag so displayed should be placed on the left of the clergyman or speaker or to the right of the audience."
- Girl Scouts should use the civilian salute both in and out of uniform.
- Girl Scouts can have flag ceremonies in various events: investitures, rededications, fly-ups, Court of Awards, Girl Scout special day ceremonies, open or closing troop meetings or camp and at a community ceremony or celebration.

OUTDOOR SKILL - SELF EVALUATION

BASIC SKILLS	I NEED MORE HELP	I KNOW HOW TO	I CAN TEACH
1. Fire building			
A. Site Selection			
B. Types of wood			
C. Basic "A"			
D. Striking a match			
E. Extinguishing			
2. Knife Safety			
A. Rules for use			
B. Sharpening			
C. Carrying			
3. Camp Sanitation			
A. Dishwashing			
B. Garbage			
C. Bathrooms			
4. Knots & Lashing			
A. Clove hitch & square knot			
B. Bowline & Taut line			
C. Lashing			
5. Outdoor Cooking			
A. Equipment			
B. Types of fires			
C. Styles of cooking			
6. Outdoor living			
A. Rules of the Road			
B. Dressing appropriate			
C. ID Poisonous plants			
D. Conservation			
7. Emergency			
A. Preview site			
B. Fire drills			
C. First Aid			
8. Planning			
A. Budgeting			
B. Choosing a Site			
C. Program			
D. Transportation			
E. Food & Equipment			
9. Organization			
A. Using a Kaper chart			
B. Checklists			
10. Tents & Tarps			
A. Pitching			
B. Striking			
C. Selecting a Site			
D. Do's & Don'ts			
11. Program Activities			
A. Ceremonies			
B. Songs & games			
C. Hikes			
D. Nature activities			
E. Rainy days			

PARENT GUIDE TO GIRL SCOUT CAMPING



PLEASE KEEP THIS INFORMATION ON HAND WHILE YOUR CHILD IS AT CAMP!

TROOP # _____ **LEADER** _____

CAMP _____ **SITE** _____

Girl Scout of Suffolk County, Inc.
Camp Edey
1500 Lakeview Ave.
Bayport, NY 11705
Phone 472-1625 Fax 472-8199

Directions to Camp Edey:

From the East or West: Take the Long Island Expressway to exit 62 South, Nicolls Road. Take Nicolls Road South to the end to Montauk Highway. Turn right onto Montauk Highway. Go west approx. one mile to Lakeview Avenue. Turn right onto Lakeview Avenue (look for a yellow sign that reads “Venero Motors”). Proceed straight on Lakeview Avenue towards Camp Edey. The Juliette Low Friendship Center is on the left. The Betty Jane Horowitz Welcome Center is on the right side of the parking lot at the end of Lakeview Avenue.

Directions to Camp Sobaco:

From the East: Take the Long Island Expressway to exit 66. Turn right onto Sills Road. Proceed to second traffic light, Mill Road. Make a left onto Mill Road. Make the first right onto German Blvd. Make first two possible left turns. Follow unpaved road to parking lot.

From the West: Take the Long Island Expressway to exit 66 (Sills Road). At the light off the exit ramp, make a left onto Sills Road. Proceed to third traffic light, and make a left onto Mill Road. Make the first right onto German Blvd. Make first two possible left turns. Follow unpaved road to parking lot.

Emergency Phone Numbers:

Camp Edey – Cabin: 472-1371

Camp Sobaco – Daisy Low: 924-6433

For additional information about troop camping, please call the Girl Scouts of Suffolk County Camp Office at 631-472-1625.

TROOP CAMPING INFORMATION FOR PARENTS

Camping with Girl Scouts of Suffolk County makes it possible for your daughter to experience the freedom, joy and fun of being in the out-of-doors.

Leadership, self-reliance, independence, fun and friendship are all part of the Girl Scout troop camping experience, but first and foremost are the health and safety of each girl. Your cooperation on the following points will help ensure that each girl's experience at camp will be a happy one, and that arrival and departure will run smoothly.

1. Girls may not be dropped off – they must be **checked-in** with their troop leader or her designee. Please understand that you may need to wait to check-in your daughter. The camp parking lots are very busy and our safety is our first priority.
2. **Drive slowly** in the camp parking lot.
3. For the safety of all, follow the **parking instructions** of the Site Director upon your arrival.
4. All cars must be **backed** into parking spaces.
5. The camping experience includes **each girl carrying her own gear** to her site. Please pack accordingly. Please note that bags with wheels do not work on the sandy paths that lead to the campsites and must be carried.
6. **No parents are allowed to the sites** upon arrival Friday night, Saturday morning or during troop departure. Our camps follow the same safety procedures as is in place at our local schools. This is for the safety of your children.
7. **No cars are allowed to the sites.**
8. If your daughter is arriving late or is being picked up early, you must make arrangements to **meet her leader in the parking lot**. If the leader is not there when you arrive, please be patient. If necessary to come onto campgrounds, please proceed to the Site Directors Cabin and sign in first.
9. There is **no smoking** on campgrounds. This includes the parking lot.
10. Girls Scouts of Suffolk County, Inc. is **not responsible for lost or stolen property**. Valuables, including jewelry, cell phones, etc. are to be left home. If your daughter would like to take photos, a disposable camera is strongly recommended.
11. To alleviate congestion in the parking lot, please **carpool** as much as possible.