

# Novice Weekend Procedures

- Arrive Friday afternoon at 5:00pm, check out is Saturday, at 5:00pm
- Bring a bag dinner for Friday night and food to prepare their own lunch on Saturday (You will be instructed on what to bring and all activity information at the prerequisite meeting)
- You will also need to bring a light breakfast for Saturday morning (such as muffins, bagels and juice)
- Must have an adult American Red Cross Certified First Aider or equivalent
- Troop First Aid Kit
- Health History and parental permission slips for each girl
- Troop Roster including all girls and adults attending
- Bring at least one additional adult who is NOT taking the training to work with your girls along with our consultants during the weekend.

## Equipment List:

- Sleeping bag (no slumber bags)
- Ground cloth (sheet of plastic, shower curtain or plastic tablecloth)
- Jacket/sweater (light or heavy) and a Hat
- 2 pairs underwear and 2 pairs socks
- Sweatshirt and sweatpants to sleep in (NO PJ's)
- Sturdy shoes or sneakers (no sandals, slip-ons, flip flops, etc)
- 1 or 2 pair's pants/jeans/shorts
- Backpack or tote (no wheels) should be packed in heavy duty plastic in case of rain. Please pack clothes in plastic ziplocks.
- Raincoat with hood and boots
- Flashlight w/extra batteries
- Toiletries – soap in container, brush/comb, toothbrush/paste, face cloth, small hand towel, and sanitary supplies if needed.

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## Site Procedures:

- Smoking in designated areas only. Please see Site Director for designated area.
- Do not deface trees and do not pick, cut or remove any bushes, flowers or trees from camp.
- Accidents that happen during your stay must be reported in writing to the Site Director (an accident report is available from the Site Director and must be filled out before leaving camp.)
- Please leave the site in better condition than it was when you arrived. If you leave early, please make sure you inform the Site Director
- Garbage is to be put in the large dumpster in the evening and before you check out the next day.
- Safe guard against insect bites. Please note: The Board of Health recommends insect repellent that contains the chemical DEET to prevent insect bites. Everyone should check for insect bites throughout the day. Stay on paths and wear long pants when possible. DO NOT BRING:
  - Hair dryers or curling irons
  - iPods, iPads or Tablets
  - Jewelry
  - Aerosol sprays
  - Air mattresses

*The Girl Scouts of Suffolk County is not responsible for any personal articles lost or stolen on Camp property. Cell phones for adults only.*