

Girl Scouts Are Prepared



Are you prepared for a natural disaster?

Natural disasters such as Flood, Thunderstorms, Lighting, Tornadoes, Wildfires and Hurricanes have affected Long Islanders. You should know what your risks are and how to prepare to protect yourself, your family and your community.

Recognizing an impending hazard and knowing what to do will help you take effective steps to prepare beforehand and aid in recovery after the disaster. Each emergency is unique and knowing the actions to take for each threat will impact the specific decisions and preparation you make. By learning about these specific threats, you are preparing yourself to react in an emergency.

Here is how to earn the patch:

Daisy

Daisies care about animals! Here's how to prepare your pets for a natural disaster:

1. Discover Emergency Shelters in your local area that allows family pets.
2. Find out what pets are/are not allowed
3. Create a Pet Disaster Supply Kit:
 - Medical & immunization records & information
 - Pet carrier or cage
 - Any medications for your pet
 - Pet food & treats
 - Water & food bowls

- Water supply (plastic containers)
 - Non-electric can opener (if needed for can foods)
 - I.D. tags, collar & leash
 - Toys
 - Current photo of your pet (in case they get lost)
4. Plan on where you will take your pet in an emergency (Shelter, Family, Friends, Veterinary Clinics, etc).
 5. Share what you have learned with your community.

Don't forget to do the Safety Award - requirements are in the Daisy Girl Guide to Girl Scouting.

Brownie

Brownies care about family! Here's how to prepare your family for a natural disaster.

1. Discover what natural disaster could affect your family
2. Discover Emergency Shelters in your local area
3. Create a Family Plan for natural disaster that could affect you.
4. Create an Emergency Food & Water Supply Kit:
 - Store enough water per person for 3 days in plastic containers. That's 1 gallon per person for drinking, cooking and hygiene! Drinking water will need to be treated to make sure it is safe or buy water containers for drinking.
 - Store 3 day supply of food that doesn't need to be refrigerated. Another word for this is non-perishable. Make sure to check periodically for expiration dates. Some items to include are:
 - Ready to eat canned meats, fruits and vegetables*
 - Sugar, salt, and pepper
 - Peanut butter & jelly
 - Bread
 - Crackers
 - Granola bars, trail mix, protein bars etc.
 - Hard candy or lollipops
 - Food for those with special needs such as babies
 - Any medications you might need

*Remember power might be out for awhile so make sure your supplies do not include microwave items.

5. Share what you have learned with your community.

Don't forget to do the Safety Award – requirements are in the Brownie Girl Guide to Girl Scouting.

Junior

Juniors care about education! Here's how to prepare your school for a natural disaster.

1. Discover what natural disaster could affect your school community
2. Discover where all the Emergency Shelter in your school district (Is your school one?).
3. Discover all the emergency electrical places – places you can go to recharge your electrical devices.
4. Create an Emergency Contact Sheet - If faced with an emergency, would you have the appropriate phone numbers on hand? Be prepared by creating an Emergency Contact sheet containing the telephone numbers of your local Fire Department, Police Department, Poison Control, PSEG, National Grid etc.
5. Have your parent's sign up for Code Red in your local community. Code Red is local government emergency service notification. Can sign up for calls, texts and even email alerts.
6. Share your Emergency Contact with your classmates, teachers and school. Create a poster for your school of how to sign up for Code Red in your local community. See if school will post on their website or the school patch. See if School will participate with PrepareAthon events every April and September so your Community is informed.

Don't forget to do the Safety Award - requirements are in the Junior Girl Guide to Girl Scouting.

Cadette

Cadettes' care all about Community! Here's how to prepare your neighborhood for a natural disaster.

1. Discover what natural disaster could affect your neighborhood community
2. Discover where all the Emergency Shelter in your neighborhood. Discover all the emergency electrical places – places you can go to recharge your electrical devices.

3. Create an Emergency Contact Sheet - If faced with an emergency, would you have the appropriate phone numbers on hand? Be prepared by creating an Emergency Contact sheet containing the telephone numbers of your local Fire Department, Police Department, Poison Control, PSEG, National Grid etc.
4. Create handouts for your neighborhood. Include Emergency Contact Sheets, Shelters (do/do not allow pets), Emergency Food & Water Supply Kit, Pet Supply Kit for Disasters. How to register for Code Red, Red Cross & Weather Channel Apps. If any neighbors need life support give them the contact number for PSEG to apply for the Life Saving List before a storm.
5. Have a meeting with your neighborhood – share the information of what you found and who might need extra help in an Emergency (i.e. Disabled, Senior Citizen or even a new parent, etc.) - may even lead into a neighborhood watch. See if neighborhood will participate with PrepareAthon events every April and September so your Community is informed.

Don't forget to do the Safety Award - requirements are in the Cadette Girl Guide to Girl Scouting.

Senior

Seniors care about the elderly! Here's how to prepare Senior Citizens for a natural disaster.

1. Discover who the Senior Citizens are in your town.
2. Create an Emergency Contact Sheet - If faced with an emergency, would you have the appropriate phone numbers on hand? Be prepared by creating an Emergency Contact sheet containing the telephone numbers of your local Fire Department, Police Department, Poison Control, PSEG, National Grid etc.
3. Create handouts the seniors. Include Emergency Contact Sheets, Shelters (do/do not allow pets), Emergency Food & Water Supply Kit, Pet Supply Kit for Disasters. How to register for Code Red, Red Cross & Weather Channel Apps. If any neighbors need life support give them the contact number for PSEG to apply for the Life Saving List before a storm. Create an Emergency Contact sheet - if faced with an emergency, would you have the appropriate phone numbers on hand? Be prepared by creating an Emergency Contact sheet containing the telephone numbers of your local Fire Department, Police Department, Poison Control, PSEG, National Grid.

4. Work with your town's Senior Citizens – Hold a Preparing for a Natural Disaster Seminar for the Seniors.
5. Share with your Service Unit what you did for the Girl Scouts are Prepared Patch. See if Service Unit will participate with PrepareAthon events every April and September so your Community is informed.

Don't forget to do the Safety Award - requirements are in the Senior Girl Guide to Girl Scouting.

Ambassador

Ambassadors' care about the community! Here's how to prepare your community for a natural disaster.

1. Discover local Communities that might need extra support in your neighborhood (i.e. Nursing Homes, Assisted Living, Veterans Homes, etc.).
2. Discover what they do in a natural disaster (i.e. patients relocated, is the center an Emergency Center etc).
3. With the center's officials create a Center Plan for natural disasters that could affect them.
4. Work with the residents creates a Family Emergency Contact Sheet.
5. Share the needs of this Community with your Service Unit. See if the community will participate with PrepareAthon events every April and September so your community is informed.

Don't forget to do the Safety Award - requirements are in the Ambassador Girl Guide to Girl Scouting.